

Special Issue on Dream-Inspired Communities

Since 1982

Vol. 15 No. 1

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Dream Network



A Journal Exploring Dreams & Myth



Dreaming in Dundee, NY with Susan M. Watkins

Emergence of a Dream Community: BADG Jill Gregory

The Spirit of Community is Alive in Dream Groups Suzanne Nadon



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It Will Take a Spiritual Reawakening

I'm in an outdoor, country setting where I give a spontaneous and impassioned speech concerning the state of the world.

Feeling that "it will take a spiritual reawakening" to deflect us from our present course of destruction.

Then I pause to consider my choice of the word "reawakening" instead of "awakening."

It makes sense

—and I may say something about this in my speech— because we must reawaken to what we already know, deep inside.

I go on to say that greed, pettiness (and a few things I've now forgotten) are outward signs of ignorance; that to respond to them in kind betrays an equal lack of understanding.

The way of peace asks that we be patient when confronted with a lack of awareness.

Impatience ultimately leads to war and is the opposite of love.

My mother and stepfather have been listening to this and they think it's much too naive. I'm not surprised to learn this.



I tell them that it takes courage to say these things, since people are used to complicated "truths."

They're afraid of what they might lose if they awaken to their own spiritual knowledge. I add that I know what I'm talking about, since I struggle with it all the time.

Statement of Purpose



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Our purpose is to raise individual and cultural appreciation for the value of dreams and to disseminate information that will assist and empower us in taking responsibility for our cultural, emotional and spiritual well-being with the help of dreams & mythology. Our goals are to unite and serve those who respect dreams, to empower dreamers in demystifying dreamwork and to assist with the integration of dreamsharing into our culture . . . in whatever ways of integrity are shown and given us.

We believe that dreams are agents for change and often reveal important new insights about the life of the dreamer, both personal and cultural.

Recalling a dream is a signal that we are ready to understand the information that has been presented. Enacting the dream's hint can bring personal empowerment.

We seek to provide a balance and to give all nations, voices and schools of thought an opportunity to be heard.

There will be times when a particular area of interest will be given greater emphasis than another because of the limited space in the Journal and that which is surfacing that is of interest to the readership.

The emphasis will change over time to allow for a wide range of ideas, opinions and areas of interest to be explored and expressed.

We invite you to indicate areas of interest and questions you would like to see explored in future issues.

Dream Network

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Upcoming Focus
In Volume 15 No. 2

Healing Dreams

We will explore ways in which we have experienced self-healing, group healing, Earth healing as a result of our dreaming.

We Welcome Your Submission!

Lifeline: Four Weeks after receipt of this issue.

NOTE Regarding Submissions:

Individuals from all cultures and walks of life who desire to share are encouraged to submit dream & myth related manuscripts, poetry and artwork for consideration. even if it falls outside the scope of the current focus or theme. We also invite your dreamsharing, transformational dream experiences and insights regarding effective dreamwork and dreamplay techniques.

Given the overall synchronicity that shapes the *Dream Network*, your submission is likely to fit perfectly into the focus of an up-coming issue.

Your article may also be appropriate for one of our two regular features, *The Art of Dreamsharing* (which includes a broad range of articles on Dream Education), or *The Mythic Dimension* (which explores the relationship and connections between dreams and mythology).

And, of course, we always love to hear from you in our *Responses* column! Whether you were inspired or infuriated by the latest issue or would just like to clear up an area of confusion or correct an oversight, please let us hear from you!

In the small towns in which I've been fortunate to live most of my life, I've questioned individuals regarding my experience of loss of a true sense of community over this past 10 - 15 years. In one instance, my acquaintance suggested: "There is no community, except when there is a crisis." In another, simply and pathetically, "There is no community."

In *Castling a Wider Net* (*Common Boundary*, Nov./Dec. '95), author Peter Hawes, while exploring the growing number of spiritual communities in cyberspace, states: "While I was researching this story, nearly every person with whom I spoke talked of the breakdown of community....," and, "They all spoke of seeking a way to gather with like-minded people outside the structure, dogma or control of organized government, business or religion."

So, what, today, is community? Where and how do we go about this *gifting together*?

A Native friend told me that she remembers, as a child, frequent get-togethers in her village. They would gather in the evenings and share, among other information, their dreams. In doing so, they did not attempt interpretation... just listened to one another's dreams. Information that became an integral part of their lives. Today, we might call this a dream group... but the People came together in a genuine, informal cultural context... a normal part of their lives. This was some 40 - 50 years ago. She saw that practice fade away as she moved into her young adult years.

While Native peoples exhibit an innate understanding of the superb logic of symbolic language--a hemispheric 'bridge' many of us are in the process of rebuilding--it is nevertheless this custom, this *practice*, *Dream Network* aspires to encourage in our culture: that of bringing dreams into our lives, our families, our community... as a common, natural (albeit exceptional) part of our culture. We aspire to demystify dreamsharing



and to stimulate a recognition that dreams provide us, individually and collectively, with valuable, useable and exquisite information.

The articles in this issue, focused on *Dreams and Community*, are a revealing and heartening response to these questions and aspirations. They serve to reveal open doors, available to everyone, to new and deeper experiences of coming together to seek truth and explore... the mystery. This *publication* is a community! Here, we gather for the gift of sharing the myriad ways in which dreams *are* facilitating community... from Susan Watkins' experience of *Dreaming in Dundee, NY* (p. 13), to the *Bay Area Dreamworkers Group* unique and committed community (p. 17), the *Waterfront Dreamsharing Community* in Sausalito, CA. (p.34), the *Dream Community In-Extension* (a 'dream group' via correspondence, p. 25), *Dreaming Online* with Richard Wilkerson (p. 30) and Jeremy Taylor (p. 35), to Suzanne Nadon's soulful sharing, *The Spirit of Community is Alive in Dream Groups* (p. 23). Add to this feast the recognition that these expressions are but a small sampling of what is happening 'out there' and we begin to glimpse the shape of the future.

Over the past several years, the answer to my question/need has evolved for me, personally, as well, because *you* have become a big part of *my* community. Heartfelt thanks to each of you. Come, Unity! ∞

♡ We're So *Very* Grateful! ♡

- It is a great honor to publish letters from Dr. Robert Muller, former UN Assistant Secretary General and present Chancellor for the University for Peace Studies in Costa Rica and Dr. William R. Stimson, the man who initiated this publication in 1982.... among so many others in our *Responses* column (p. 7).

- Many thanks to those of you who renewed and gave gift subscriptions, esp. Steve Carter, Allen Flagg, Curt Hoffman, Caroline Kandler, Will Phillips, Alice Rapaport, Frances Ring, Bill Stimson, Gudran Weber, Lisa Roma Wacholder and Jack Zimmerman. Your gifting helps manifest each issue.

- A special welcome to Barbara Shor and Phil Schuman, who join our Council of Advisors. Both have given and offer unique expertise and insights; to Suzanne Nadon, a deeply committed dreamer, author, dreamworker and our (relatively new) book & audio/visual Review Editor and to W. Mitchell Darnell, our new and enthusiastic Promotions/Advertising Representative.

- **WOW!** We are gifted, with the addition of Bay Area Dreamworkers Group (San Francisco, CA), Allen Flagg (New York, NY) Charles de Beer (Umtentweni, South Africa), Joseph Natuzzi/Riviera Dream Center (Nice, France), Novato Center for Dreams (Novato, CA), Michael Schredl, responding to dreamers in Germany, Austria & Switzerland... to our Regional Networkers' listing on page 46. Welcome, one and all!

- Thanks so much to each of you who took the time to complete and return the reader survey, published in V14 #s1&2. Though the number of questionnaires returned was small—in itself a meaningful message—the information imparted provides a rich source of ideas and suggestions. I greatly value each and every opinion and perspective shared. Overall, your input affirms that we are on the right path. Deep appreciation, as well, to Phil Schuman, who transcribed all comments and tabulated responses. His professional expertise has helped to reveal valuable perspectives and information that would otherwise have been impossible to glean, on the surface.

As do our dreams!

Responses

Letters From YOU!

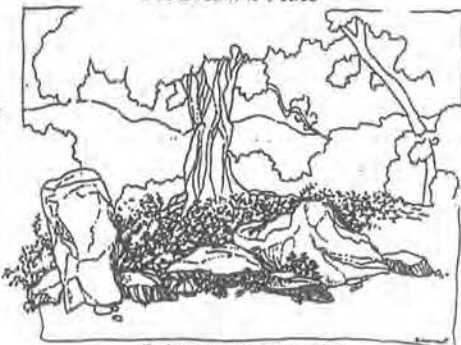
Dreams of Peace Will Come True

Dear Friends of the Dream Network

I think I have written to you before about my belief in dreams, because I have seen so many of my own become true. I have as well, seen dreams of friends of mine come true.... the biggest dreamer having been my compatriot Robert Schuman from Alsace-Lorraine, who dreamt as a boy that it would be possible to abolish some day all of the borders of Europe. Though his dream came true, he did not live to see it. But I went to report it to him at his tomb. When I crossed for the first time the border between France and Germany, I saw from my window that which had created so the misery in my family's life. On 22 October of last year during my last visit, there were no longer any borders between five European countries!

Below, a card from my companion, Barbara Gaughen of Santa Barbara. She is a great dreamer, too! On it she reports the inauguration of *The Dream Is Peace* peace benches at the retreat and conference center in Santa Barbara, CA.

The Dream is Peace



Dedication of Peace Benches
August 6, 1995

There are a growing number of peace benches where tourists to the University for Peace (another dream of mine come true) like to sit and formulate their dreams or revive the early dreams of their childhood. There should be more dream / peace benches all around the world, especially in the gardens of heads of state.

I enclose also my Dream 2000 which is making its way around the world. A lady visitor of the Elderhostel group told me a couple of days ago that she will make it into her Christmas card, as we move toward the year 2000

My Dream 2000

I dream

*That in January 2000
The whole world will stand still
in prayer, awe and gratitude
For our beautiful, heavenly Earth
And for the miracle of human life.*

I dream

*That young and old, rich and poor,
Black and white,
People from North and South
From East and West
From all beliefs and cultures
Will join their hands, minds and hearts
In an unprecedented, universal
Bimillennium Celebration of Life.*

I dream

*That the year 2000
Will be declared
World Year of Thanksgiving
by the United Nations.*

I dream

*That during the year 2000
Innumerable celebrations and events
Will take place all over the globe
To gauge the long road covered by
humanity
To study our mistakes
And to plan the feats
Still to be accomplished
For the full flowering of the human
race
In peace, justice and happiness.*

I dream

*That the few remaining years
To the Bimillennium*

*Be devoted by all humans, nations and
institutions*

*To unparalleled thinking, action,
Inspiration, elevation,
Determination and love*

*To solve our remaining problems
And to achieve*

*A peaceful, united human family on
Earth.*

I dream

*That the third millennium
Will be declared
And made
Humanity's First
Millennium of Peace.*

Robert Muller, Former United Nations Assistant Secretary-General and Chancellor of the first University for Peace in demilitarized Costa Rica.

Waves of Angels

A note about this dream of the waves. This number three I have been working on in my dreams now for almost a year. And the three benevolent beings, or angels, in this dream.... these I am acquainted with in my own way. I know DN readers are familiar with Peter Rogers and his book *A Painter's Quest* because I've seen some of his artwork in past issues of the journal. I think his work is connected with this dream, or vision. I feel the dream has to do not with an Alvin Toffler *Third Wave* sociological sort of phenomenon but with an inner process of enlightenment that I sense the dreamer is poised somewhere near the periphery of. If s/he misses this important (religious) happening of inner transformation by devoting him or herself overly much to the other (merely evangelical) thing of spreading the word or trying to effect some change in the world, it would be a sad affair truly. Because anything the dreamer may think s/he has to contribute to humanity is as nothing compared to what s/he will discover s/he is and can give once s/he has found a way to let those three angels bestow their gifts. I would

urge the dreamer to take a little time on the side to meditate — to make a cathedral of minutes every day, to make a sacred vessel of his or her body and mind for only a few minutes every single day for that alchemy that is his or her truest destiny.

The secret of meditation is that it gives us a chance to stop doing and to listen. Listening is also the secret of dreamwork. I think Montague Ullman taught us this more than anyone else. In a sense, listening is more important even than doing. If we would only listen, maybe we might at least hear the world screaming at us what it doesn't want us to do to it. And maybe if we learn how to listen even better we might learn to hear it whispering what it does want. This preoccupation with doing so much before we've stopped to listen to the sweet whispers of the tender mercies... this is maybe what brings those Angels to make tidal waves in these visions and in our world. They've got to wreak such havoc just to get the simplest truths through to us! That's how thick we are, deaf and dumb to reality and to the sacred beauty of our own being.

Sometimes when we busy ourselves too much doing the things we think need to be done, we don't leave enough room, space, in our lives, our consciousnesses, our world, for those three angels to act. A mere movement of one of their little fingers can do more than tens of millions of striving lives like ours.

Why should we strive then? Why should we do anything? Because it is by virtue of the way we live our lives trying to do the right thing, it is by the depth and sincerity of our ardor and our desire to serve what is most true, to honor and obey — not any whim or fantasy or vision that may skim across the surface of our minds — but the very deepest, the truest dream of them all that we can make a genuine contribution. If we can live by *that* one and serve it even beyond our capacity to do so... somehow, then, it is in this way that we might just possibly move one of those angels so by our pitiful effort,

against all odds, to live true that she may inadvertently move a little finger, or shed a small tear, or break a smile on her countenance of sweet compassion that will have more of an effect upon the rain forest, or the ecology, or the goings on of man and his affairs, or the bringing of people to honor and enact their own deepest dreams, than tens of millions of lives like yours or mine could ever otherwise possibly produce of their own accord alone.

Irrespective of my interpretation or yours, though, of right and wrong in the way we see things, I think there is a deeper issue here... and it is that it is very important for our diverse and sundry voices to address an important dream or vision such as this one of the waves of angels. In the distant Paleolithic past, men and women and children would gather under the stars in the evening hours around a campfire to share and mingle the deepest stirrings of their souls. Community has need of such roots today as it did then. To such an extent, dreamwork today has been turned into a marketable commodity. That is what our kind of market system does with everything from women's breasts to God... it turns everything it touches into a business, into a way of making or spending money. When dreamwork becomes a profession and nothing more, something is lost. When dreams become an object of study and nothing more, something is lost. When dreamwork becomes a method of therapy, and nothing more, something is lost. To bring the dream back to where it belongs, back to the center, back into our community with one another... this is so important. Like giving a plant back its roots.

We don't have the campfire anymore. We're scattered all over the face of the Earth. But we do still have the dream. We can gather around it. The dream can become our campfire. I want to thank H. Roberta Ossana and all who contribute to this journal for making this possible.

William R. Stimson, Ph.D., NY NY

(Editor's note) *This impassioned letter is submitted by the founder/initiator in January 1982, of the Dream Network Bulletin-cum-Journal. Dr. Stimson, deepest gratitude for being here and sharing yourSelf. ♡*

The Day Without a Tree.....

At this time of year my Celtic blood inclines me to celebrate the old holy days, particularly today, the most important day of all, the day of the secret of the unhewn stone. It's the one day in the year not ruled by an earthly tree. It's the one day when the sun, moon, and earth are in exact alignment with the gravitational center of the galaxy (exact every 19 years, last in 1992). It's the day for maximum "reception" of the new seed from "the Other."

So, I couldn't let this most important day pass without saying that I hope the unhewn stone continues to bless you with the wonders of new things in the year to come.

The journal came yesterday. My thanks to you for the fine piece of work you are doing. It seems to me it's love that carries this journal and that's hard to find these days!

Russell Lockhart, Lake Stevens, WA

We are simultaneously walking ancient terrain and charting unknown territory in these pages.

Act on the impulse!

Share *your* experience and insights with us.

Unless you indicate otherwise, we consider all letters for this column and do, of course, reserve the right to edit.

We welcome & invite *your* RESPONSES & QUESTIONS!

Address to Letters

%DN PO Box 1026

Moab, UT 84532

My Life in the Dreamtime

When I was a child and later as a young adult, I was fascinated by the amazing dreams that came to me every night. I had a similar fascination with nature and as I grew in body and awareness, I saw parallels in my dream life and in the hidden realms of the nature spirits. Eventually, I realized that the obvious world of matter was just a part of a greater, more subtle universe, a universe stranger and more wonderful than I had ever imagined.

From those early years, through initiation into some of life's mysteries and into the present, dreams have carried powerful messages of joy and wisdom to my waking world. They have encouraged and chastised me, taught and confused me, frightened me at times and given me the courage and strength I needed to face the challenge of pursuing a life of physical and spiritual satisfaction in a world that can be demoralizing and painful. Throughout my life, I have been drawn to the myriad of ways that consciousness can be experienced. I utilize various philosophies, religious tenets and altered states to expand my experience of life and assist my growth. Just as a forest creature, moving through the treetops might utilize whatever branches and vines that could further its own progress, I try not to hold on too tightly to any one way of being.... preferring rather to use the lessons learned from each as tools in the ongoing process of becoming.

I have attempted to map my journey in order to gain a better sense of who and what I am as an individual, a member of human society and as one fact of the matrix of life. When visualized, this map shows me that the Dreamtime is central to my experience of consciousness. It is central in the sense that it is all inclusive, preexisting time and space. The Dreamtime of

which I speak is the eternal and infinite source of consciousness from which dreams come to us speaking a language of images that we can relate to, being couched in terms of time and space. Almost all of our conscious experience (including dreams) is fathomable to us only when we have some sensation of cause, effect and/or duration, which is time.... and some sensation of relationship and/or separation of self and other, which is space.

The Dreamtime is accessed or perceived in many ways other than by sleeping and during sleep. All ways have validity and can be teachings. Each of us has innate skills or aptitudes for ways of doing things and I believe that if a person has enough desire, will and faith.... no way is barred. My favorite avenue of exploration during sleep is lucid dreaming, without any initial loss of awareness while my body falls asleep. Lucid dreaming in this context may be a misnomer, as what is accessed is not so much lucidity as the space between dreams, the "place" inclusive of all dreams from which dreams originate: the Dreamtime.

Every night we have at our disposal the time and uncanny abilities to explore the mysteries of ourselves as microcosms of the universe. The gift of dreams and self awareness show us that the universe is as generous, benevolent and patient as we ourselves care to be. Let us use the opportunity of dreams and the Dreamtime to grow in understanding and love of all life.... and let us use this opportunity of communication to share these things, that none may be without.

Thanks for another great issue of *Dream Network Journal*. I regularly recommend it to anyone interested in exploring and learning more about dreams.

Ian Janzen, Tofino, B.C. Canada

Wishes DN Good Fortune

Thank you very much for your informative letter. I appreciated having the full volume set of DNJ for 1995. It does, indeed, look very interesting and professional, while retaining a human connection. It's so important for people like yourself to be carrying on the work in dreams. Many thanks.

I wish you great good fortune with your dream projects and best wishes.

Patricia Garfield, San Francisco, CA

Interest in Dreams is getting 'out there' !

Congratulations on the *Dream Network's* expansion, public participation and visibility!

With regard to getting dreaming and dreamwork "out there," I was recently asked for an unsolicited interview.... the reporter overheard my discussing dreams in a picture-framing shop. This took place in Coronado, Southern California, near San Diego. This is a very provincial, conventional military/retirement town. "Yes!" the interviewer told me! There is a lot of emerging interest in dreams. So she wanted to run an article in the local paper on "the kind of work I do." She did a fair rendering, given I was not able to proof the copy before it went to press. So, one sentence was "out of context" and doesn't make sense as such.... but the point is, dreams are getting a lot of attention "out there!"

Congratulations again to you and all *Dream Networkers!* Keep on dreaming.

With warmest Aloha....

Frances Ring, Waialua, HI

(Note) Article referred to appeared in the Coronado Eagle, September 20-26, '95.

Thanks Us for Another Wonderful Issue

I just finished reading *Dream Network Vol. 14 No. 4*. I wanted to say thank you for another wonderful issue. I especially appreciated the three articles by Lockhart, Lauck, and Ullman. All three of

More ➔

them bring out the aspects of spirituality and community involved in dream sharing. Plus the soulfulness, healing and wholeness.

I also loved Barbara Shor's 'Invisible Frequencies' imagery. I really liked the inclusiveness of it: both sexes, children, families of all kinds.... especially the elevator woman. The 'lowliest' is understood as being an indispensable part.... and the fact that the decision to join remains a matter of free will, with no force involved.

Deep Dreams, Jay E. Vinton
Natl'l Institute of Health, WA D.C.

Harriet Found Us!

I discovered a copy of Volume 13 No. 4 buried in the back of a magazine rack in a book store. I read it from cover to cover and can't wait for more! Thank you!

Harriet Berman, Monterey, CA

Consider All Points of View

In a recent issue of DN/Responses, Will Phillips stated certain concerns about a precognitive dream clearinghouse: "Only when there are no pressing issues to be resolved in our own lives are our dreams likely to address concerns about people or events outside of our sphere of influence. My concern is that it can too easily encourage people to look outside themselves for meaning in their dreams."

In contrast, Marcia Lauck suggests, "When we are opened to circles of dreaming expanded beyond personal spheres, we become aware of our participation in the collective dream. Together we explore the course of our evolution as a species and as a planet."

Why not be eclectic and select or choose from both points of view? Carefully, of course. It reminds me of family holiday dinners, where my Mom always said, "We have mincemeat pie and pumpkin pie; what would you like?" Dad always

answered, "I like them each, I'll take them both."

Janice Baylis, Seal Beach, CA

Dreaming Humanity's Path.... "Exquisite!"

I wanted to share how exquisite I've found "Dreaming Humanity's Path," and I think Russell Arthur Lockhart, in the recent issue (Vol. 14 No. 4), sums up its significance beautifully. One of the wonders of dreams is that they speak such a pure and elegant language of the heart, so a "dream wants a dream" that will meet it on its own terms. This is not to say that good dream work, which enhances the meaningfulness of dreams, deprives them of their integrity. But sometimes the image needs a chance to touch and inspire the soul directly.

Deborah Hillman, Woodside, NY

DNJ: A Community Sharing Its Dreams with the World

DNJ's "Dreaming Humanity's Path: Beyond the Veil" issue [Vol. 14, No. 4] is incredibly powerful. The shared visions are so moving and inspiring. I feel very humble to be in such company.

I realize now that I've been collecting these visions for years from the people who have participated in my various Shared Dreaming and Earth Alliance workshops. My purpose in leading these workshops has been to give people a taste of what it feels like when a group shares the same dream, the same vision—the astonishing awareness and transformation that becomes possible when, together, we tune to a higher focus.

And given the quality of those individual and group visions, that's exactly what we came away with. There was the razzamatazz of psychic hits, of course. But above

all, there was a sense that we'd been participating in a much larger event. That a powerful and timely conversation that was out there, up there, just waiting for us to open to it, had filled us with its energy and moved us to a broader and higher perspective.

The individual visions of the participants had the power and feel of the "BIG dreams" you have reprinted anonymously in DNJ. I've had enough of them myself over the years to know them on sight. You cannot mistake them for anything else. And I knew the participants would carry this energy out into their lives and work and interchanges with any number of people with whom they came in contact. And that these unknown recipients would continue to expand the energy even farther. A group vision tossed into a still pond, creating interpenetrating circles, and carrying them to new and unseen shores.

On the dreaming level, we are all connected. But in our coming together in groups, in print, online, to share our deepest and highest visions we are doing something new and spectacular. We are making our visions conscious and tangible. Together, awake and aware, we can grab onto the kitetails of the most promising of these alternate realities, fill them with light and loving energy, and help shape them into a new reality for Earth.

Thank God for DNJ. You have created a community that is sharing its dreams not only with each other, but with the world. DNJ gives us a satellite hook-up, a dream Web site, that carries the energy farther and faster than any one of us, or any small group of us, could do alone.

I was deeply moved by Marcia Lauck's article, "Dreamtime & Natural Phenomena." I only wish she'd shared her own dreams and visions instead of quoting those of others.

And I am madly in love with Russell Lockhart. I find it so re-

markable and heart-warming to know that there is at least one male human being out there—besides Thomas Berry and Brian Swimme—who thinks in this fashion. There must surely be more. It gives me such joy and hope for us all.

In his piece, "*Whispers and Murmurs: Perspectives on Dreaming Humanity's Path*," Russell Lockhart has given me a whole new perspective about leaving dreams alone—simply sharing their oracular voices with others. He's made me realize that I'd begun to do this instinctively over the past few years, but I hadn't been consciously aware of it until he pointed it out. I am very grateful to him, and I'll pass along his suggestions and perspective.

The two of them have added to my increasing sense that more and more of us are learning to hear the voices of All the life forms on our planet—and beyond. Our task is even bigger than envisioning humanity's path. It's about owning who we truly are, in all our beauty and largeness. It's about owning our responsibility to all life. About learning to see through God's eyes.

As Marcia Lauck said, "All life participates in this great dream, and if we learn to open our dream eyes beyond the sphere of our personal dilemmas, we will remember that universal pattern-language that allows us to converse with all forms and manner of creation."

It isn't just humans dreaming together in this community of life. We have to realize this consciously, and open ourselves to inter-species dreams, and dreams from entirely other realms of life. That is our true Earth community—the one our human culture barely notices much less honors.

Last summer I went to swim with wild dolphins and to encourage people on board our boat to try dreaming with them as well. I found it very hard to be out there—trying to open myself to dolphin beingness, to a wisdom far deeper

and more ancient than our own, to brains much larger than our own, to skills at kything and sonar reading of each other and the environment that far exceed human capacities—while listening to people dismissing them as "animals." The Cetacean Peoples are the only representatives of horizontal life forms on this planet

. People are still eating whales, whose songs ensure the subtle integrity of this planet. But then, in various ways, people are still eating each other too. And yet, the BIG dreams say we're evolving and at great speed. And I believe them.

What a service DNJ is doing for the world! This is really important work. Know that however iffy it may get from time to time on the publishing front, the universe is supporting what you're doing. Expect miracles.

DNJ, a fine journal....

Dreaming Humanity's Path/ Dreams of Guidance for Humanity (Vol. 14 No. 3) is a beautiful issue and DNJ is a fine journal, every issue. I will send several issues on to others in my network and hopefully some will subscribe who haven't already. You all do really fine work for the dream community.

Joy Gates, NY, NY

Proud of Sustained Efforts

I have enjoyed the last two journals. My, but you have grown and matured in the few years since I first saw your efforts in print! And I'm absolutely sure this is a mirror of what is happening within you. As one woman to another, I am proud of your sustained efforts and commitment to your part of the "Vision."

Anjalice Rigan, Vista, CA

Catnapping

The most recent DNJ was another joyful experience. Thanks! Last night, I finished the issue with howls of laughter over Kathy Brown's *Honor Thy Furniture*. Being an expert at taking myself and my dreamwork too seriously, I was tickled to wake up this morning with a sofa dream:

An ex-con is waiting for us under a bridge. He is going to hide our tools for us in a big cement box and throw it in the water. He hisses: "Bring only one flashlight!" Instead of bringing our tools, we bring a sofa which I think he'll never be able to fit in the box, but he does. Somehow I know he gets caught for doing this but nobody takes it very seriously. Years later, I see an ad for his business which sells remedies which are legal, illegal, some work, some are hoaxes. This ad mentions proudly that he is an ex-con.

Yesterday, I began working on an article for DNJ about some recent cat dreams, the cat being a resident of myself over whom I have no control. Well, I explored how I've wanted to kill the cat, how I've been stalked by the cat, how the cat has been held underwater for months, how the cat sinks its claws in my back and won't let go, how the cat is about to explode, how the cat gives birth to an eight inch girl, how the cat is sick and enters my cage.... how the cat is the dream! Finally, I got to this dream:

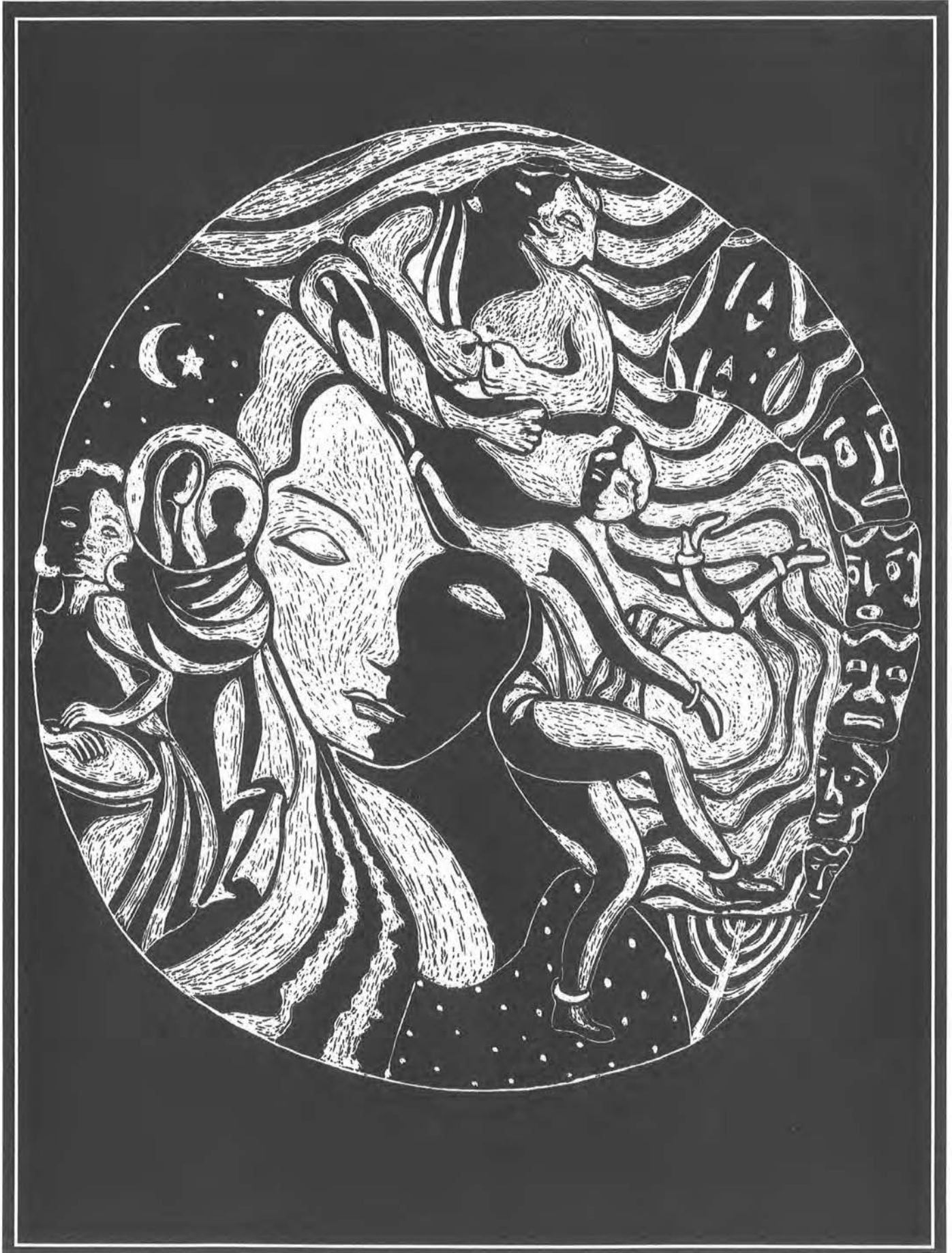
There is a cat who loves to leap, free and wild, in the air chasing lemons. Its name is Sourpuss.

I tossed the papers in the air, dove downstairs and recovered the sofa.

It's a true love affair when dreams can free me from the self-inflicted chains of dreamwork.

*Catnap (Catherine Knapp)
New Woodstock, NY*

Please send Responses to:
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Interviewed by H. Roberta Ossana

Dreaming in Dundee, New York

with Susan M. Watkins



Looking down Main Street... it's Dundee Family Crazy Race Days,

(Editorial Preface) This publication aspires to encourage, educate and validate the experiences of every dreamer, so it is fitting to introduce this special issue of Dream Network with this interview.

Susan M. Watkins conducted one of the most unique and unusual projects in contemporary times/communities related to dreams and dream sharing, beginning in 1979. She was, at the time, the editor of the Dundee Observer... and in that post, elected to place a notice in the paper asking individuals in the community to send in written accounts of their dreams. She wanted to see if the 'unofficial'/downunder news coming through in dreams did, in fact, influence the 'official' news.... as recommended by Jane Roberts in the following quote.

The impulses and circumstances leading up to and following her project are beautifully accounted in her book, *Dreaming Myself, Dreaming a Town*, which teaches us that

everyone—from bank CEOs and politicians to farmers—have a healthy curiosity and are paying attention to the messages in their dreams. It seems we are a majority!

"The answer... {is} to stack unofficial experience against official experience, to acquire our own body of evidence by paying direct attention to what actually happens in our lives, as opposed to interpreting those events as we've been taught. The answer {is} to begin trusting ourselves and our impulses now—and starting out with some sense of adventure, not looking over our shoulders at the official world"

-- Jane Roberts

The God of Jane: A Psychic Manifesto

DNJ: *What initially stimulated your interest in your own dreams and dreams in general?*

Susan Watkins: I've been interested in my own dreams and dreams in general for most of my life. As a child, I had vivid, recurring, sometimes terrifying and often precognitive dreams that seemed to spill over into my waking life in the form of coincidences and "odd" events. Even then, I noticed connections between my dreams and tidbits in newspapers the next day and other interesting pieces of personal fortune-telling. Then there was "the committee," a recurring dream that I still have occasionally.

In it....

.... I'm sitting around a table with a bunch of ordinary-looking people discussing dreams I've had and will have and what it all means....

and so on. My consciousness was fully engaged during much of my dreaming life and I knew instinctively that this was as real a part of who I was as the rest of my experience, albeit with somewhat more mysterious rules. (Not much more, though.)

What it was all for didn't occupy much of my waking thoughts. It was all just there.

Fortunately, I grew up with parents who eschewed religion and encouraged curiosity. No forbidden thoughts, in other words.

So there was a relaxed, fertile ground in my childhood that I suppose is pretty rare. Also, as children, my friends and I often talked about our dreams and dream-like experiences. We all had quite an astonishing variety of them. None of us seemed confused or consistently frightened by them. Most of us were far more frightened by "real" events going on in our respective households and it was plain to me and the others that our dreams were often "about" those events — from the inside, as it were — and with applicable wisdom. One of my friends said that Jesus would appear in her room and talk with her in the hours before dawn. He'd help her predict how her bad-tempered father was going to act that day so she could avoid confrontations. I believed her then and I believe her now. Believed that she received help, that is, from someone. Heck, maybe it was even Jesus. Anyway, the predictions were always correct.

We all had "visions" of one form or another and I had many quite conscious dream discussions with my dead grandmother and with an older woman who taught me how to blink my dream-eyes and wake up if I was scared. Even then, I suspected that this helpful person might be myself, in some other form.

I don't know where people get the idea that you have to "learn" how to dream, or that you need to be



"enlightened" to understand what your dreams mean, or that it takes great effort and rigorous study and, not infrequently, money, to "achieve" dreaming mastery, whatever that means. As I discovered in my childhood and again, somewhat to my surprise, during my dream-collecting days in Dundee, everyday people — all of us, in other words — remember exactly what we want from our dreams and possess, moreover, a natural understanding of their meaning. Of course, like anything else, if you don't think this is true, then there you have it.

DNJ: *You were fortunate to know Jane Roberts. Would it be possible to summarize Seth's perspectives on dreams, as*

conveyed through Jane Roberts?

Susan Watkins: Summarizing Seth/Jane Roberts's perspectives on dreams is a little like trying to summarize the nature of reality in 25 words or less. But, basically, the idea is that dreams are a portion of the whole of consciousness, delivered in the language of consciousness, and since consciousness forms the environment we know, dreams are the medium through which we create it. Also, I really like this quote, which appears on page 218 of *Dreams, Evolution, and Value Fulfillment, Vol 1*: "The waking state as you think of it is a specialized extension of the dream state, and emerges from it to the surface of your awareness, just as your physical locations are specified extensions of locations that exist first within the realm of mind."

That says it pretty well. Reading the body of Jane Roberts's work opens up an infinity of material on the subject.

DNJ: *How was/is your expressed and overt interest in Jane Roberts work, in dreams.... received by the average person in your small community, particularly since you worked as a reporter for newspapers, radio stations and were co-editor of the Dundee Observer?*

Susan Watkins: Well, first off, let me say that ten years ago I moved out of Dundee proper and quit my reporting jobs to live out in the middle of nowhere and write full-time — something I wouldn't especially recommend for writers, by the way —

but that's another story.

Second, my friendship with Jane Roberts and my interest in her work were never "overt" in Dundee, though there was certainly an undercurrent of acknowledgement about those endeavors. Mostly the energies of my life were devoted to my son, to making some kind of living and to writing, writing, writing: science fiction and fantasy in my private moments; municipal and grassroots events in the reporting biz. If the subject of dreams and "ESP" came up, I talked freely about it; but it wasn't until Conversations with Seth was published in 1980 that my particular interests and ideas in that area were exposed, as it were, to the community at large. It caused no major ripples, locally, as far as I could tell, for which I was grateful. I wasn't being secretive, exactly. I just never considered myself a missionary for the Seth material. Also, I hate being at the center of public attention. My work, yes. Me... no.

How were my interests received by the "average" person? In about every way there is to receive it. By the time Conversations.... came out (and was reviewed in local media), I'd been living the small-town life for eight years and had been editor of the *Dundee Observer* for six of those years. Some people read the book and most didn't. Coffee shop gossip noted that I had been seen walking in the town cemetery. A few people said that Conversations, and later Dreaming Myself, opened a door in their heads and they went on to read everything on the subject they could find. One or two came right out with the opinion that I was nuts! Most of those who said anything to me about it were interested in the fact that I'd written a book, period, hang the subject.... and simply appreciated the accomplishment.

These last are the folks I like to hang out with.



DNJ: *Would you say that this dimension of your work affected you, socially, in the community? If so, how?*

Susan Watkins: No, I don't think the subject or expression of my work affected me socially in the community, other than to make me more visible in a certain way. In a village the size of Dundee (pop. 1,632), your social standing is based on things that are rather less ambiguous than your beliefs about the nature of the universe. The fact that at the time (the Seventies through mid-Eighties) I was a single mother running the local newspaper with another single mother and that each of us were married and divorced at least twice apiece had much more impact on the community psyche than some book blathering on about ESP!

But really, this is how it should be—or at least it's how it fit my purposes. Though I experienced a brief time as a kind of dreamer's listening post, my aspirations were first and foremost those of a writer's. Once you start presenting or dealing with these issues as separate from daily life, or exalted somehow, you've just kinda boogered it up.

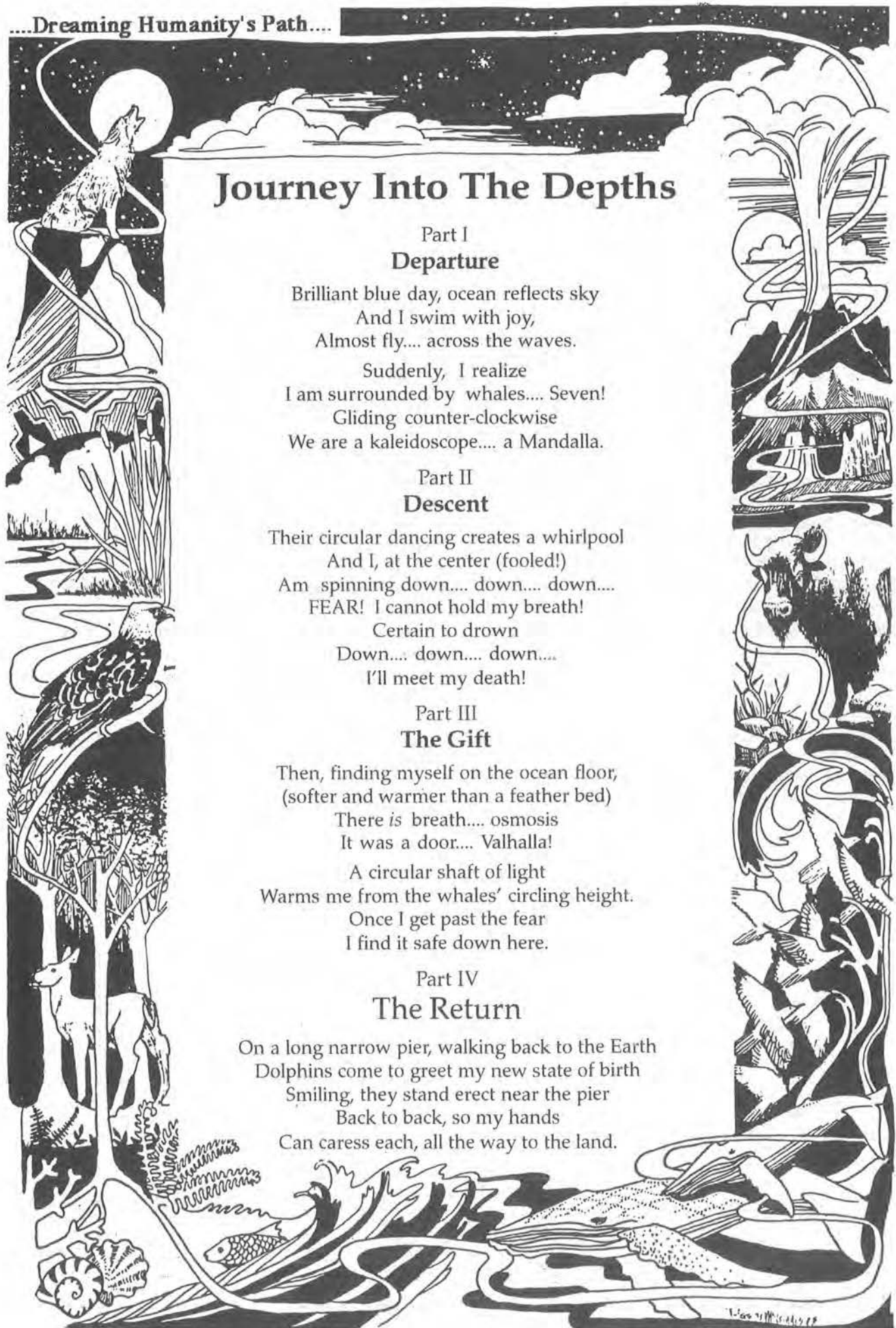
Today, my 'social standing' is moot, mostly because I hardly ever go into town. At one point the rumor mill had it that I'd become a nun.

DNJ: *Though you have outlined it thoroughly in your book, would you share how you initiated the community dreamsharing project?*

Susan Watkins: Dreaming Myself, Dreaming A Town emerged from a combination of other writing projects: my frustrations while putting together the chapter on class dreams for Conversations with Seth, an *Observer* series I was doing on local house histories, a novel I'd been writing about a small town whose dreams start to come true and the family history written in 1933 by my great-grandfather, a Dundee native. Struggling to collate ESP class dream records too often written on scrap paper and matchbook covers, I'd been brooding about official vs. unofficial history.... where events "come from" in the first place.... and the difficulties of documenting anything, let alone the invisible.

I'd spent a particularly grueling morning at my desk trying to sort through my papers and decided to take a break. On impulse I picked my great-grandfather's memoir out of the bookcase and started paging through it. I remember that it was a warm day in March and air redolent of spring mud was wafting through the open apartment windows, hinting of things to come. I turned to my great-grandfather's description of the huge fire that had leveled Dundee's downtown 118 years before. I started to read about how baby Asbury's mother and grandmother had dragged him in his crib between lots to get away from their burning house. I remember that gently, like the spring

Continued on page 40



Journey Into The Depths

Part I Departure

Brilliant blue day, ocean reflects sky
And I swim with joy,
Almost fly... across the waves.

Suddenly, I realize
I am surrounded by whales.... Seven!
Gliding counter-clockwise
We are a kaleidoscope.... a Mandalla.

Part II Descent

Their circular dancing creates a whirlpool
And I, at the center (fooled!)
Am spinning down.... down.... down....
FEAR! I cannot hold my breath!
Certain to drown
Down.... down.... down....
I'll meet my death!

Part III The Gift

Then, finding myself on the ocean floor,
(softer and warmer than a feather bed)
There *is* breath.... osmosis
It was a door.... Valhalla!
A circular shaft of light
Warms me from the whales' circling height.
Once I get past the fear
I find it safe down here.

Part IV The Return

On a long narrow pier, walking back to the Earth
Dolphins come to greet my new state of birth
Smiling, they stand erect near the pier
Back to back, so my hands
Can caress each, all the way to the land.

Balloon Sign by Dale Westbrook



The Bay Area Dreamworkers Group

BADG

The Emergence of a Dream Community in the San Francisco Bay Area

©1996 Jill Gregory

For the past decade, it has been my great privilege to be a part of a group that has come to be known as the Bay Area Dreamworkers Group. Today *BADG* (pronounced *BADGe*) is reportedly both the oldest and the largest eclectic regional group of dreamworkers in the country.

Currently we are a loose-knit association of close to 250 dreamworkers in a region extending from Sacramento to San Jose and from the East Bay towns to the Pacific coast. Approximately 150 flyers and documents now archive our history.

It all started with Fred C. Olsen and Linda Lane Magallon who shared the vision of establishing a regional group for dreamworkers to meet, network, socialize and support their own and one another's growth - both personal and professional.

When I met Fred at a dream conference in Charlottesville, Virginia, he excitedly told me of his upcoming plans to visit Linda in San Jose in July to discuss founding this group. Since meeting Fred had the

feel of destiny and I already shared his excitement about this possible group, I knew *that* group was where I belonged. Six dreamworkers including myself, attended that first *BADG* meeting with Linda and Fred in San Francisco on August 18th, 1985.

Over the years the group has held monthly or bimonthly general meetings plus occasional business meetings in members' homes. General meeting formats have included networking, talks and workshops by members, discussions of issues, socializing, dream-sharing and potluck dinners. Meeting attendance fluctuates between 10-20 people, numbers which encourage both intimacy and processing.

Here is a taste of meeting topics. Paul Sheldon lectured on "Dreams as Livelihood." Ken Kelzer gave a talk and demonstration entitled "Deep Journeys: Dreamwork & Trancework Combined in Small Group Settings." Nancy Richter Brzeski and I co-presented "Dreams: Focus on Children."

....Quotes from BADG members....

Some Thoughts on BADG's 10th Anniversary

The farewell party for Fred Olsen (moving to Portland) and 10 year anniversary celebration for BADG was a bittersweet event for me, a curious mixture of joy and sadness.

I felt great joy and pride at what we'd accomplished, bringing together such a rich and diverse network of dreamworkers in the San Francisco Bay Area. I realize that so much of what's important in my present life has grown out of BADG, from treasured friendships to my involvement with ASD to the ongoing *Dream Arts* group and my own Sunday night dream group.

Those early years had been a very special time in my life. I felt sad that it was passing. What made it so special was that we were all fledgling dreamers, all hesitant and uncertain if the world had a place for us — and then we found each other. We discovered we shared a vision, a commitment to dreamwork as a tool



*Mitzi Okamoto, Ana Marie Fortin and Robert Shubow
@ BADG's Holiday Party*

for making the world a better place and as a tool for personal transformation.

Now 10 years have gone by and we're all older and have learned from each other and from our experiences in the world. We've supported each other's personal and professional growth - different facets of the same process. We've claimed our identities as dreamworkers and we've seen the dreamwork movement blossom and grow.

I continue to be astonished and humbled and awed by the power and beauty of dreams. But nothing will ever be quite like those early years, when a small community of dreamers came together and nurtured each other's hopes and dreams, and together we went forward into the world."

- Richard Russo, BADG Representative to the ASD conference & Editor, *Dreams Are Wiser Than Men*



BADG Founders: Fred Olsen and Linda Magallon

Jill Gregory continues....

During one meeting, Dorothy Rossi presented her life and work as a dream artist which provided us an opportunity to view her paintings on a walking tour through her home and studio. That same meeting also featured Deborah Watson discussing the "Vampire Archetype in Dreams of Clients with Eating Disorders." One meeting with three presenters included Tara Treasurefield's "Meditation & Dreams," Leslie Marks' "Dream Mask-Making Workshop" and Marsha Connell's show and tell of her dream collage series entitled "Dream Vessels."

Once, when only women showed up for the meeting, we focused on women's unique experiences, perspectives and contributions as dreamworkers. Another memorable meeting four days following the October 17th earthquake in the Bay area in 1989, became an impromptu earthquake support group during which we shared our earthquake dreams and other experiences. That meeting concluded with sand tray specialist Phyllis Green sharing her insights and showing us her incredible sand tray collection.

Group discussion meetings addressed themes and questions brought up spontaneously such as "Are there any viable ethical considerations involved in how our dream egos treat other dream characters?"; "What exactly is a dream?"; "During an Out-of-Body Experience, does the dream self actually go somewhere or just have a dream of going somewhere?"; "Whose dream is this, anyway?" - a discussion about relationship between the identity of the dreamself in relationship to the identity of the physical self who is sleeping and dreaming, and "Are all dreams meaningful?"

BADG members have enjoyed social gatherings such as a Spring Fling, an October Costume Ball, a Thanksgiving Feast, Summer Barbecues and our fabulous annual Winter Holiday Party. We have sponsored group events such as "Dream Festivals," participated in one another's endeavors, such as the "Friday Night Lecture Series" at the Dream House and have published directories of local dreamworkers.

Jill Gregory...

We are avid and committed dreamers, community dreamworkers, educators, artists, writers, therapists, researchers, philosophers, inventors, radio show hosts, bodyworkers, marketers, healers, organizers, and those involved in the psychic and spiritual arts.

BADG has given us all the opportunity to participate in a very special time and place in dream history. As we have articulated new ideas, found terminology, evolved definitions, practiced and refined techniques and sought to understand the underlying dynamics of dream process, we have shared in pioneering the modern day dream-work field while creating a dream community from the inside out.

There are numerous benefits for dreamworkers able to function in community. One crucial benefit is that the social network can provide a more accurate perception of the context for one's work. This helps to keep our contributions current and relevant, to more clearly measure the importance of our work to the field and to broaden the scope of our understanding of how our work relates with the work of others.

For dreamworkers more than many other careers, community is essential. Our field is *shadow* in our culture. The most common relationship to dreams, in my experience, is ignorance and alienation. When others learn that we are in the dream field, their unfortunate situation as dreamers tends to color subsequent interactions with us. We need to be with our kindred spirits.

Dream community can be especially wonderful. I have found dreamworkers in general to be intelligent, ethical, courageous, sensitive, talented, self-aware, creative, and knowledgeable people who exude nice energy and have a wide range of interests. In my experience, there is a real longing for supportive dream community among dreamworkers throughout the country.

What makes our particular dream community so nurturing for its members? Many of us agree that our success is due to the fact that BADG is based upon the community / partnership paradigm.

The idea of partnership emphasizes peer relationship among comrades. It teaches "power with," rather than "power over." It provides the opportunity to practice good dream manners... and to get quick feedback when they are lacking.

In a partnership group, the decision-making style is participative and encourages a "bottom-up" flow of ideas aimed at generating consensus around the issues. This distributed leadership means that all people at a gathering have a chance to speak.

What this partnership means in the dream field is that instead of a hierarchy with an authority figure as leader, there is instead a peer relationship in which the authority comes down from the pedestal, joins the group and shares his or her dreams along with the rest. This makes the leader as strong or as vulnerable as any other person in the group.

...Quotes from BADG members...

Excerpts from a Dream Incubated
January 1996 For BADG & Its Future

"The dream scene is a museum shop. There are several BADG members present. I clearly recognize Fred Olsen, Betsy Davids and Diane Rusnak. Diane seems very pleased with a small artistic item she found near the cashier counter.

Fred is by my side along with an Asian man. We are trying to float small boats in the man-made stream running through the shop. My floating vessel is like a plastic tubular lunch bag and I try to keep it afloat.

What amazes me the most about this place is the living coral reef underneath the glass floor we are on. It is beautiful to look down and see this underwater wonder beneath our feet. As I walk around this shop which seems to be a BADG meeting place, I notice a baby sea turtle floating around. I reached out and scooped the little turtle gently in my hands. When I looked closer, I noticed the turtle is made of a large green leaf of lettuce. The turtle becomes a piece of art made from an organic leaf of lettuce."

- Ana Marie Fortin, BADG Program Coordinator



BADG Holiday Party at Novato Center for Dreams

"The core experience of BADG for me is that it is such a treat to enjoy relationships with people who already genuinely find dreams important, fascinating and fun. Since these relationships are in my local community, they can deepen and become richer as they are built upon steadily year after year."

- Dale Westbrook, Dream Researcher & Psychotherapist

"For me, BADG operates on many levels, like a dream, serving me for networking, idea and technique sharing, as well as providing a place of support for my professional life, my dreaming life and my personal life. It helps connect me to the larger dream community, giving me a sense of being part of something important globally as well as locally."

Bob Trowbridge - Former Secretary of BADG
& author of "The Hidden Meaning of Illness:
Disease as a Symbol & Metaphor" (in press)

....Quotes from BADG members....

"My local peer BADG-initiated dreamsharing group began about 4 years ago. It is a fabulous group of people involved with creative projects and skilled with dreams. We find support for both realms in one place.

Dreams remain central for the group but dreamwork seems to function best in an atmosphere of creative enterprise and creative enterprise seems to flourish best in an atmosphere of dreams and dreamwork. We are nurtured and fed not only by what we learn from each other but also by each other's creative work. We have found that when both areas are supported, a natural ebb and flow between them seems to occur.

It is such a privilege to participate in these creative efforts as well as in the dream lives of each other. This balance is important and inspiring for us all. The group stimulated my poetry and now - a novel.

Peer leaderless groups are the best ones. I love them. We have found a way to make that work incredibly well."

- Melinda Nelson, Former Co-Director of the *Dream Training Institute* & Long-time BADG member

"Throughout our first decade, I often referred to the Biblical parable about needing new wine skins to hold new wine. The parable warns that old wine skins can detrimentally affect the new wine. This was the challenge that BADG collectively faced: creating a new form to contain the new spirit & vision we brought to each other and to the dream field.

Overall, I consider BADG a success in that creation. Unfortunately, our ability to fully embody the new vision and realize its great potential was somewhat limited by the fears and old patterns that we as individuals brought to the group. I nonetheless believe that we did the best that we could with what we had at the time and at that level. I commend our efforts."

- Fred C. Olsen, Co-founder of BADG & Creator of "Dream Re-Entry Healing"

"I am in the field of dreams for fulfillment. I have belonged to BADG since 1985 because I continue to find something of value for myself in this group.

What comes to my mind about BADG is the creative element, the fun element and the dream element. I must say, the longer I belong, the better the parties are! My wish for BADG is that it continue growing and getting better and better for my whole life."

- Shirley Martin, Dream Group Facilitator

"When I moved from San Francisco to Portland, Oregon four years ago, one of the hardest parts was leaving the California dreamers I'd come to know and love. Phone calls to those friends and colleagues gave me leads and lessened my isolation.

Jill Gregory continues....

Partnership groups might get together to share their dreams, engage in dreamwork, conduct dream projects or experiments together, discuss issues or share tips on dream skill development. Some groups, like BADG, do all of these.

We have also taken these ideas a step further. At various times and for varying reasons, we would agree to dream on the same theme. Group dreaming along with dreamsharing were integral to the process of creating a home in the dream field for the community/partnership paradigm - the intent of our group's founders.

Dream sharing alerted us to the underground unconscious dynamics of our conscious waking activities related to the group. Our dreams painted vivid pictures of our social-emotional process. Were we close to a spring of pure clear water or were we avalanched by a tidal wave? Dreams gave us early feedback about situations that were developing. They also delivered predictions of outcome. The partnership paradigm allowed us to "act out" tensions in the waking state via dreamwork techniques rather than suppress them.

Under the group dreaming model, we asked questions of our dreams. Should BADG merge with another group? Should we incorporate as a non-profit organization? Where will the next *Dream House* be located?

We dreamt up holiday dreams to share and dreamt inspiration for the coming year. We dreamt with, for and about one another in matters both esoteric and practical. Along the way, we found our social dreaming skills improving. And we now have a record of dream images, like a group dream journal, to draw upon for help in understanding ourselves and our process together.

BADG is structured to maximize the feeling of being in a healthy community. It is cooperative, informal, reciprocal, and grass roots in style. Annual dues have thus far been kept to \$15 or less. Over the years, we have learned to be more pro-active and more celebratory. We offered smaller, local, on-going peer dreamsharing groups, leaving most general meetings for the sharing of expertise and socializing.

There are pros and cons to every type of organizational structure. Ours produces a group which is at once both vital and precarious. We can more easily re-invent ourselves to adapt to changing circumstances but we never know whether or not we will survive these times of crisis.

Something we've learned is that just one person stepping in temporarily at a timely moment to be the contact person, and hold the mailing list and finances, might be all that is needed to give the group a chance to tread water through a crisis until it is ready to reassert itself and move forward.

Two related philosophies of BADG are these: "The dreamer is the expert" and "The dream belongs to the dreamer." Fundamental in the Montague Ullman group dreamwork methods, these concepts have attracted a strong following in the dream field.

These philosophies mean that even in a room full of

Jill Gregory...

brilliant, skilled, talented and experienced dreamworkers all in improbable agreement about a meaning of a dream presented by the dreamer, it cannot be concluded that it is so. If the dreamer sees it differently, the other dreamworkers set aside their views and insights and honor the dreamer's truth. They support the connection of the dream to its dreamer and avoid dis-empowering either the dream, the dreamer or the relationship between the two.

Collaboration is another fundamental philosophy of BADG, forming the basis for decision-making even when the group has only one leader.

One current example of collaborative orientation is that BADG pro-actively formed a panel of three to respond to a potential need for a spokesperson. Another example is BADG's plans to host the first "Communal Dream Room" for the upcoming *Association for the Study of Dreams (ASD)* conference in Berkeley. As a gathering site for socializing and networking, the room will include displays, scheduled events and other activities that are collaborative and participatory.

The forms of our activities are shaped by another one of our philosophies that "We are all stars." We see ourselves and each other as shining together in the night sky. This springs from our egalitarian values of fairness and the policy of good manners of the partnership/community paradigm. It strengthens cooperation rather than competition and encourages us to honor each other as people and as colleagues.

BADG is the dream organization dearest to my heart because it embodies in the purest form the same principles that I have discovered work well in relating to dream imagery and developing oneself as a dreamer and a dreamworker.

Here are a few: A) awareness of context, B) freedom of expression, C) self-determination, D) healthy relationship, E) co-creativity, F) balance and G) flexibility of response and H) celebration of diversity.

These principles, elements of the community/partnership paradigm, operate on many levels such as the dynamics between the various symbols & characters within a dream; between an individual dreamer and their dream; among dreamworkers within a group; among dream organizations in the dream field or among the dream field and society at large.

What I value most from my involvement with dreams is that it increases my sense of who I am and of what is possible, individually or collectively.

What I value most from my involvement with dream community is that I am accepted, understood, valued and enjoyed both as a person and as a dreamworker. To me, this has been the greatest gift of the Bay Area Dreamworkers Group. ∞

The author wishes to thank Linda Magallon & Fred Olsen for their assistance with this article.

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Email: JillGregory@aol.com*

...Quotes from BADG members...

Then a remarkable thing occurred. Remarkable because without the encouragement and nurturing support I continued to receive from my distant dreamworker friends, I might never have reached out to create dream community in Portland by offering lucid dream workshops. What I had experienced through association with the San Francisco area dreamworking community was too precious not to share. From these workshops, a new group of dream explorers blossomed and for over a year now, we have continued to meet on a regular basis.

Though many miles may lie between my old and my new dream friends, there remains a strong, enduring feeling of connection and a sweet, reassuring comfort in knowing we all dream beneath the same moon." - Patricia Keelin, Former Vice-President of BADG

"I remember those lively times over the years and I need to say that BADG is not static. Every single meeting I have attended was different. I appreciate what I have received over the years.

It is a good idea for dreamworkers to hook up with this group BADG because it is a very good organization - not a group to be ignored.

You know, I can't remember any really big disagreement or really bad feelings. And that is quite remarkable. The feeling I particularly enjoy is that it is grass-roots. The attitude is 'It's just us folks here... just people with an intense interest in dreams.' I have enjoyed getting to know these people - some pretty well. They are neat people."

- Fern LeBurkien, Committed student of dreams



Naomi Epel, Betsy Woods, Melinda Nelson, Richard Russo, Betsy Davids and Zoe Newman

"After attending a BADG Dream Festival in 1987, I joined the group and moved rapidly from being an artist working in isolation with my dream images, to a community dream art person. Each BADG meeting brought an ever-growing and shifting group of unique

....Quotes from BADG members....

individuals. We met for many hours at each meeting which was something I liked and I explored sharing my visual images with this new audience.

Out of BADG came the members of my personal biweekly dream group which provides the strongest continuity for my creative life. A kind of versatile, irreverent, magical, surrogate family; we are writers, therapists, artists and dreamers. What experience could be stronger? It encourages and embraces the core of our existence and growth.

I'll always appreciate the energetic organizing efforts of our leaders who kept the group vital and always open to newcomers. And the journey continues."

- Diane Rusnak, Dream Artist

"I've walked into few groups as warm and inclusive as BADG. I am grateful for the energies of the group's leaders, nudging BADG forward into new venues over the years.

This group has been a wonderful place to connect with others. BADG is a real community in the richest sense of the word. It has moved through different phases reflecting the changing creativity and energies that its members have brought. We are all open to what the future will unfold."

- Zoe Newman, Psychotherapist & BADG Initial Contact



*Fred Olsen as 'A New Consciousness'
with Thea Adams
at BADG Costume Ball/Shadow Party*



*Jill Gregory, Center
Peggy Adeboi, Left and Ana Marie Fortin, Right*

"The partnership paradigm is BADG's dream - come true! This social value system serves as the launching pad for a host of activities which fly beyond the land of 'Dreams-as-work' to the wonderland of 'Dreams-as-play.' "

- Linda Lane Magallon, Co-founder of BADG & Author, *Mutual Dreaming*, (forthcoming)

"The BADG community is now unfolding itself globally in cyberspace. The transportation of the egalitarian spirit, shared resources and networked communication travel along the Information Super-highway promoting mutually supportive platforms, interpersonal commitment and pioneering excitement. These values remind us on the Net that it really is about people, not information."

- Richard Wilkerson, Editor *Electric Dreams*

"Thank you for your delightful Dream Holiday Party! It was a pleasure to meet so wide a range of professionals who have such strong interest and skills in various forms of dreamwork.

It's truly a pleasure to become a BADG member at this special occasion of its tenth anniversary and I look forward to a long and satisfying relationship."

- Randall Churchill, Director, *Hypnotherapy Training Institute* & Author of *Become the Dream*

The Spirit of Community is *Alive*



in Dream Groups

by Suzanne Nadon

For six years, I have been hosting dream groups in my small rural town. Small groups have gathered for a period of time — between six and ten weeks — to share, explore, dig into, delight in and ponder about their dreams. These groups have consistently received superlative reviews from the participants who describe them as transformative, educational, fun, challenging and community-building. I've hosted these groups in churches, in the regional community college, at the local YMCA, or here at Maplestone where we meet at my kitchen table around a pot-luck lunch, or outdoors by the pond. Sometimes we've met in one of my tepees in the evening by firelight.

Six women were part of the last group. Two were new to dreamwork and new to the other women in the group. We started with a few introductions and discussed why we were interested in dreamwork. We all shared the desire to know ourselves better and to meet as a community in the process of the spiritual journey. Each of us discovered that we were safe with this group and that we were all journeying towards wholeness. A kind of magic was sourced in the intimate sharing of our most private selves. As early as the first dream, we each touched a kind of oneness within the Dream of the other. I called this feeling of oneness "community" and my sisters agreed. It is to this last aspect of community dreamwork that I wish to address myself today. In my experience, the potential for community seems to be most pregnant in the moments where there is consensus among the members. Another way of saying this is that the lowest common denominator among all present is the size, scope and mandate of the whole community. No one is asked to stretch to meet another or to betray personal values or to become more bold; we simply meet in the small space which we all share.

I have been in many groups where there were wonderful visions, great plans, amazing ideals.... yet conflict would always develop in trying to get all to fall in line with visions which were often sourced by one or two, often the "intuitive" types of the group. Sometimes the more here and now "sensate" types would go along, carried by the contagious energy of the visionaries. But sooner or later, if the sensate types did not discover the vision for themselves, or if the intuitives did not develop the perseverance to walk at the pace of the slowest member of the group, the whole group would fall back to doing it the old way, or dissent and separate. The lesson here is that a community can only move forward at the pace that consensus dictates.

How does this apply to dreamwork? In a dream group, the mandate is clear and consensed. We are there to work 4 dreams per session. We decide together which dream we will work and spend from 45 - 60 minutes on each dream. One of our rules is to imagine that the dream shared is our own dream and then speak from the reality that the dream has for us. This means so much more than just tacking on the words "if it was my dream" to each interpretation that you give for another's image.

In fact, the veneer on this one is thin. I have heard people say "If it were my dream, it would mean that you are angry at your mother." This person seems oblivious to the principle of ingesting another's dream into her own reality. It's likely that this person is angry at her own mother and doesn't even know it and so projects in onto the dreamer. Often the dreamer will react with defensiveness, causing the space and trust to slowly die. Entropy, boredom and superficiality usually follow. On the other hand, when each dream group member takes responsibility for each dream image as her own, the spirit of the Dream enters every person's soul.

Speaking from that 'Deep Place' Creates Miracles

The six women who met at Maplestone last fall accomplished this depth of sharing consistently and repeatedly. Judy would tell her dream and Carol, Wendy, Julia, Martha and I would also dream this dream with her. In the moment when each of us was dreaming one dream, we could feel the spirit of community in our midst. And then *magic*, the *specialness*, would happen. It would seem as if Judy's dream was so perfect for Martha's relationship, for Wendy's job dilemma and for my problems with my daughter. We oohed and ahed ourselves into the ecstasy of shared synchronicity several times, joined in a mystical union with one another. We were six individuals but of one spirit.

The degree of insight, and transformative healing power that was unleashed was awesome. One woman discovered her vocation as priestess and conducted the most inspired communion service in which I have even partaken. Two women took communion (as bread and wine) for the first time in their lives. The tears of joy streaming down our faces attested to the depth at which each was experiencing this ritual. Another offered a metaphor which sent a third woman into a creative flurry, finally able to articulate something which, to that point, had not been speech ripe. Wendy found the strength to resist her obsessive attraction to a dangerous partner from Suzanne's dream about the same subject.

There was no doubt in any of our minds and souls that the Spirit was present amongst us "Where two or more of you are gathered together in my name, I am among you." I have come to understand that God is evolving through the consciously lived journeys of today's humans. In ancient times, we knew God and Goddess only as

Great Mother; Judge and then as Abba, Father. When I knew God in this way, the messages in my soul sounded like: "Surrender your will to the omnipotent will of God." This was a hard lesson to learn, but many situations came my way giving me practice in letting go of my ego-based desires. I eventually learned that knowing God is the primary work I am required to do. I learned to "Let Go and Let God Through Me." When I became more knowledgeable in Jungian psychology, I understood this as allowing my ego boundaries to be permeated by messages from the archetypal Self within me.

Song of Opening for the Dream Group

*Open My Heart
Let Holy Love Flow
Through Me
Center My Soul
Upon the Path of Peace*

*Make of my Heart
A Melody of Love
Singing Alleluia The Great
One
Alleluia*

author unknown

God in this vein, is an authority or parental figure. Will we, the "children of God," ever grow up? What will God look like when we become adults with God? I suggest that as adults of God, we know God as Co-creator. God and Human together work Divine Will on Earth. God is companion. God becomes the fuel of community, the water of life, the light of the world, the manna that appeases hunger. We can then see God in our lover, in our sisters and in our children.

I suggest that this new model of community is teaching us how to be adults of God. God to me now, is all of what I've known God to be in the past PLUS all of the collective conscious energy of self actualizing individuals on the planet today. When I search deeply in my soul for divine guidance, I now get this kind of reply: "You can do A or B, it's really up to you, you choose as responsibly and as consciously as you can and I'll be with you in all your choices. It doesn't really matter. Don't worry, be happy!"

Though I have wanted community all my life, studied community for a decade and tried on dozens of occasions to join, form, source or seed community in various work, social or healing groups, I can honestly say, that the dream group is the only place where I have--so far--consistently experienced community.

Why? In a dream group each of our members is there for one reason: to align with the power of the Universe or God, however each person defines that. When the human race is able to keep this center as consciously as members of the Maplestone dream group did last fall, I predict that community will become a way of life and that we will all value peace, joy and ecology enough to create it in every aspect of our life on the planet.

What a beautiful day that will be. On that day, I believe we will have entered the golden doors of the Holy City, leaving the Armageddon of a degenerating planet, our dysfunctional families and an entropic economy behind us in the "old" paradigm. ∞

Suzanne Nadon would be pleased to connect with others who have had experiences with communities within the dream group model. She can be contacted at: Snailmail: Maplestone RR#1, Owen Sound Ontario N4K 5N3 CANADA PHONE (519)372-0121 FAX (519)371-6060 E-Mail: maplestone@sentex.net

A Dreamsharing Community-In-Extension

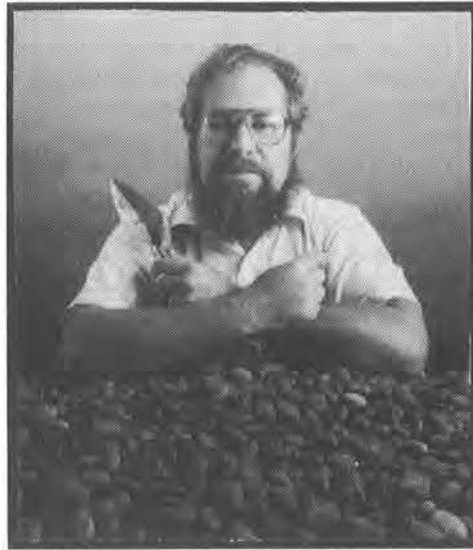
by Joy Gates, Curt Hoffman and Gudrun Weber

*We are a dreamsharing community-in-extension.
Geographically separated, yet linked by our common interest in dreams
and our resulting shared correspondence.
We each now tell our own story of how this is evolving and what it means to us.*

— Gudrun Weber —



— Curt Hoffman —



— Joy Gates —



— Joy Speaks —

We three met for the first time at an annual consciousness facilitating event in Manhattan in 1991, drawn there from three different locations in the United States. When we began our dreamsharing correspondence in 1992, after another meeting, we recognized that there were many areas of our lives in which we have little in common. We also acknowledged that we share three important fundamental qualities: 1) We each are consciousness explorers; 2) We each value our intuition and endeavor to follow its guidance; 3) We each feel that working with our dreams to penetrate to their core meanings can benefit our spiritual journey as well as our daily lives... on all levels.

We also share another factor: We each are married to individuals who do not particularly value dreamwork

and in 1992 none of us was yet aware of the *Dream Network Journal* nor of any local dreamsharing groups. We were interested in exploring dreamwork in community and we were not able to find this in our respective localities. Thus began our triune long-distance dream correspondence, our monthly writing and sharing of relevant life process, dreamwork and occasionally, poetry, art and publications we find helpful.

From the beginning, we have worked on establishing communication based on honesty, openness and respect for individual process and differences. Our dreamsharing is pervaded by unconditional positive regard for one another — maintaining a safe space for self-revelation, even in the face of some of the embarrassing themes that can emerge in our dreams from time to time.

This on-going sharing (three and a half years, now!) fosters and supports a rich sense of group connection and subjective community, in addition to the DNJ and the local dreamsharing groups with which we have now connected. We cannot imagine life without our monthly shared harvest of dreamwork.

Over these years, we have refined our "nuts and bolts" approach to the work to this present form (based on daily dream recording and dreamwork and journal entries): 1) We correspond a minimum of once a month, at the beginning of each zodiacal sign, although the calendar or lunar month could be as viable an alternative as the zodiacal month; 2) I, personally, find it easiest to enter the dreams daily in my journal and to work with them daily as well. About

once a week, I enter the results in my computer so that I don't have the entire month of dreamwork to enter at one time.... a daunting task!

Here is an example of a typical daily entry:

Watching Hummingbirds Mate

I'm in a lovely garden with several people. There are many small brushy trees here and many birds flit in them. I notice hummingbirds in particular. I walk from tree to tree peering within. Sometimes the trees are carried from place to place by people who show the birds to others. They remain in the tree unafraid. I watch several hummingbirds with great pleasure. I see a male hummingbird and a female in the act of mating in the missionary position on a branch. When he finishes, she tries to stand, then flops on her back, exhausted, and lies there a moment. A female dove perching in the tree partially supports her. She recovers, gets up and fluffs her feathers.

Each of us in the garden carrying and showing a tree to others reminds me of sharing our writing with one another yesterday. We are in a place within us of fecund creativity. Hummingbirds are magical to me and I have known many, although they actually mate in flight and not in the trees. Hummingbirds are connected to my magical relationship with nature — in this case, with my own inner nature. I find this relationship with my own inner creative nature to be intense and at times, hierarchical, with the mind and masculine qualities of goal-orientation valued over and above the body and feelings ("missionary position"). This is occasionally exhausting and almost overwhelming but I can struggle back up and go on after resting. (I'm in an ongoing process, working on this.) I am finding that I am supported by a larger love (the dove), the Great Feminine.

In addition to the month's dreamwork (prefaced by a few paragraphs of personal news, items of group

interest, etc.), we also report on a separate page: 1) Symbols that seem important; 2) General trend of dream process, and 3) General trend of inner and outer life. This all serves to facilitate an overview of our individual subjective process and unfoldment.

At the end of our dreaming month, we each send copies of our dreams and dreamwork to one another. A computer certainly makes this easy to do, although photocopies of handwritten dreams/dreamwork could well be an alternative.

When I receive my dream friends' letters, I read them through once with no thought other than to absorb their communication. The next time I read them (with highlighter in hand), I look for dreams with themes or symbols which connect with my own dreaming. I also look for anything that grabs my intuition to question or comment on or acknowledge in some way... always with the intent of lovingly supporting the other. Sometimes there's a lot to say and sometimes there isn't.

To me, the most important aspect of this work my dream friends and I do together is to nurture uncritically one another's growth process and to acknowledge respectfully all that is shared in our communications. I have a deep sense of companionship in dream exploration and I know that they are always there to support me (by letter and phone) during the occasional dark nights of the soul, as I am for them. This is community-in-extension! I feel very grateful for the faithful and dependable presence of Gudrun and Curt over these dreamsharing years and I look forward to a lifetime of continuing and evolving our communications.

— Curt Speaks —

In May of 1991, the three of us met at an annual conference in New York. We felt a strong affinity for one another and felt a strong synergy would emerge from working together as a group. We agreed at that time to include one another in our daily meditation, visualizing each other linked mentally and also linked with

thousands of other meditators throughout the world. One advantage of this method of group work is that the people do not have to be in physical contact with one another, which would have been impossible for us given the distances that separate us.

During the following year, we exchanged a few letters and cards and we kept up the daily meditation. When we reunited at the 1992 conference, we felt the bonds between us much stronger than before. We also related significant dreams that each of us had just before the conference. These dreams wove in and around us and depended upon each of our input for their full interpretation. This led us to conceive the idea of expanding our meditation work to include dream recording and sharing in our correspondence.

Since that time, we've sent one another a letter each month containing all of our remembered dreams. I enter my dreams into a journal each morning, usually "without an attempt to shovel a glimpse into the ditch of what each one means," as Dylan put it. I hold ideas in mind that come to me over the next few days and at least once a week, I enter all my dreams into the computer, giving each a title... and begin to work on commentary and analysis. As the month progresses, I often find that subsequent dreams cast more light on the earlier ones and I continue to refine my analysis up to the time when I send my letters off to Joy and Gudrun. The "simmering" time seems to be very important to my understanding and sharing of the dreams.

In our letters, we've also included our interpretation of our dreams and we have commented upon one another's dreaming as it seemed appropriate. This work has brought us very close together in consciousness. Sometimes we can recognize that we have been dreaming within one another's realities. Some of the most rewarding dreams have been those in which all three of us appear, as in my dream of 5/6/94:

I arrive at the Portland airport. Gudrun meets me there; it's raining and we look for her husband's truck to pick us up. When he pulls up, Gudrun gets in the front with him and I'm surprised to find Joy (Gudrun's sister) and her dog in back. Maybe my dog and Joy's cat are there, too. I get in the back and I notice that the two women are very pregnant. I remark on how many "people" (counting the animals and the unborn) are in the back. Gudrun's sister is having twins! We embrace by bringing our ajna centers together. We all get out at the south bank of the river, which has steep cliffs on the north side. Gudrun, Joy and I plunge into the river, one by one, and emerge on the opposite shore in our wolf forms. As I observe them before plunging in myself, I quickly sketch all three of us as wolves on a piece of drawing paper. When I plunge in, I am first transformed into a shark, then become a wolf when I emerge from the water. A man on the south side calls out to beware of wolves and sharks but since we can transform ourselves into these animals, we are not afraid. We plan to scale the cliffs together.

Dreams like these have indicated the direction for us to travel spiritually, confirmed us in our work and also bonded our group more powerfully. Even when we have not had specific dream adventures of this sort, triangle symbols and groups of three often appear in our dreaming (for example, the three animals, unborn children and transformations from human to shark to wolf, in my dream). Along with our dreams, we have also shared books, video and audio tapes and our poetry, etc. We have reunited each Spring and we have visited one another's residences at greater intervals.

As we have continued our sharing over the past 3 1/2 years, we have experimented with many dream techniques and we have become subscribers and contributors to *Dream Net-*

work. These experiments have been interesting but we have found that a simple approach seems to work best: before retiring each night, we just visualize our group of three linked together. We have also created a sacred space in the astral realm which we can visualize and visit: an island in which each of us has a special place — a temple, a grove, a hilltop — and also there is a space for us all to meet together.

We want to make it clear that we are each involved in a primary marital relationship. Our dream-sharing has not changed this. The fact that our group is multi-gendered has presented some challenges but it has also helped us to come to terms with the opposite-gendered aspects of our own consciousness. Sharing among three people has helped us to avoid the emotional imbalances that can arise in dyadic relationships. We have also learned to discriminate between the dream-images that each of us holds of the other two and our relationships in the waking world. We have learned when and when not to step into one another's spaces. Sometimes dealing with the pain of undergoing the ongoing transformative process requires a lot of unstructured space. At the same time, having one another to turn to with even our most unsettling and outrageous dream images has been a great blessing. We are able to support and help one another as we scale those cliffs, even through times when the dreams are very sparse and seem to have little to say to us. The trust, respect and love which has grown from this sharing has been wonderful! We feel that we are truly birthing something new and our work together has helped us each to accept the sharks in the deeper waters of our unconscious. We would encourage others to experiment with dreamwork in this way, sharing openly while maintaining a mental focus to keep the emotions in balance.

— Gudrun Speaks —

When we first met, little did we know about the far-reaching effects of our coming together. We knew we

shared a common interest in the spiritual side of life and further agreed that the idea of a joint study of symbols as a means to further develop our intuitive sides, led to a three-way exchange of letters in 1991.

A year later, our focus shifted to dreamwork. This was the year *Women Who Run With Wolves* by Clarissa Pinkola Estes and *Leaving Our Father's House* by Marion Woodman came out. These two publications opened doors of perception and pointed the way to a larger community of dreamers committed to growth and exploration of inner dimensions. Later, the exchange of books through what we call the "transcontinental lending library" became an important part of our group and individual unfolding. Increasing our knowledge about different approaches to dream interpretation and exchanging ideas about them helped broaden our outlook.

Working together closely, we have also entered one another's dream from time to time. In one of my dreams....

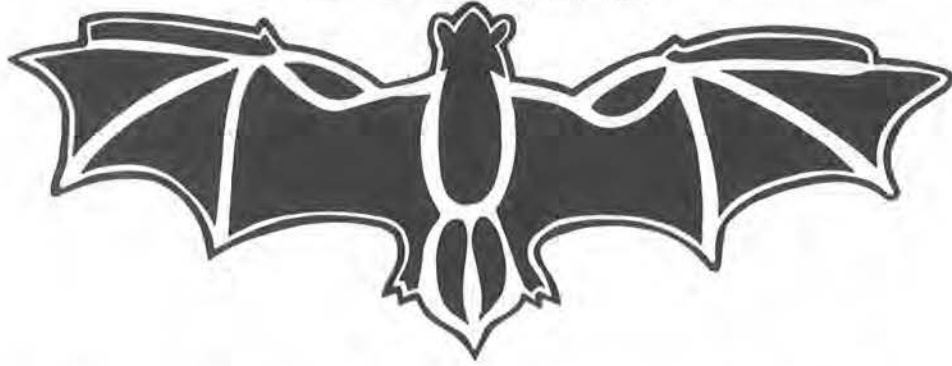
....the three of us bring different clay shapes and are arranging them on a floor in a unified sculptural pattern. I point out that in spatial relationships, the negative spaces play an important role in the expression of the finished work.

The flavor of the following dream may indicate that beyond the individual work, the group itself participates in a larger process:

The three of us go to a restaurant. We are working with and discussing some sort of energies and public relations. The female gourmet cook lets me taste from a huge spoon to see if I/we would like what has been prepared. Later, each of us carry our piece from the triangle to a large gathering where another large triangle is being built by the group. Our piece fits in.

The concept of triangle relates to a daily link-up between us in which we imagine the energies of light and

BAT CAVE



The Truth About Bat Cave ~ *A Multidimensional Dream* ~

©1996 by Will Phillips

A few years ago, I had just completed my psychology degree after a twenty year hiatus and was beginning to promote a new dream workshop when I had an extremely vivid dream:

I'm in a town that's famous for a place called Bat Cave. There are all sorts of legends about Bat Cave being a dangerous, mythical place where people who go in are often never heard from again. While asking around, I hear a rumor that criminal types use the cave as a hide-out, counting on its reputation to keep people away. I decide that the townspeople deserve to know the truth, and resolve to investigate it.

I set up a P.A. system near the entrance and announce my intentions to go down into the cave and find out what's really going on. To my surprise, the main reaction I get from the townspeople is anger. For a variety of different reasons, they don't want me to bring the secrets of Bat Cave to light. The criminals, of course, don't want their dealings exposed. Other people pride themselves on coming from a "mystical" town and believe an investigation would destroy the mystique of Bat Cave. Then there are business people who are afraid I'll hurt the tourist industry that has built up around the cave. Most surprising to me, however, is the resistance I get from environmentalists who are afraid that if people lose their fear of Bat Cave they'll all go spelunking and destroy the cave's

delicate ecosystem.

But I believe that people deserve to stop living in the shadow of an unknown fear, so I continue speaking to whoever will listen. Many people walk away, but even after practically everyone has left, there are still a few people who genuinely want to know the truth about Bat Cave. They seem to trust my sincerity and a strong bond forms between us. I tell them, "It's okay if people leave. The few of us remaining can go down together and discover first-hand, the truth about Bat Cave."

After awakening, my initial association was that Bat Cave symbolized the Great Mystery; the dark inner realm of dreams and unconscious motivations. The central theme of this dream was that I was trying to demystify a dark secret and was surprised to find that most people did not seem to want it exposed. After exploring the images, events, and feelings of the dream, I concluded it was helping me understand why many people are antagonistic toward the study of dreams and afraid it may be dangerous to examine them. The name, "Bat Cave" had a particularly dreamlike resonance to it and seemed aptly chosen to represent the Great Mystery. I resolved to apply the new insights I'd gained from the dream in the promotion of my new workshop and was ready to let the dream go at this point. However, the dream was not quite ready to let go of me.

Several weeks later, I happened to tell this dream to one of my oldest friends. To our mutual surprise, he told me that not only is there a little town in North Carolina called Bat Cave, but he had just put a down

payment on a partnership with about a dozen other people in a newly-forming Intentional Community in the mountains just a few miles from there. He asked me when I'd had the dream, and it turned out to be within a day of when he'd been offered the partnership. I had already planned to take a trip with my family through that part of the country in August, so when my friend suggested we add the community to our itinerary I enthusiastically agreed, in hopes of satisfying my curiosity about Bat Cave.

When we arrived at the land, I was amazed to discover that three of the other community members were friends I hadn't seen in ten years. Another had grown up in my hometown about a block away from me. Her family was on my paper route when I was thirteen. After introductions and the renewal of old friendships, I inquired about Bat Cave. They were all intrigued by my dream, but no one could tell me much except that it was just a few miles away and real easy to miss even if you were looking for it. The only contact anyone had had with Bat Cave was one woman who had heard there was an old shaman there and had consulted her for advice concerning the formation of the community. I had to chuckle when I was told the old woman's advice had been, simply, "Keep out the riffraff."

As we were given a tour of the community and an explanation of the vision they were trying to manifest, I noticed a photo of one of them standing with an old man in front of a simple, adobe house. The old man, I learned, was a 105-year-old Guatemalan dream-worker. Not only was there a genuine respect for dreams in the community, but they were looking for another family to join the land partnership.

Eventually, we said our good-byes and drove down the winding mountain roads from the community filled with wonder, ideas, and new possibilities. Suddenly, a violent wobble shook the van as one of my tires blew. I pulled into a little grocery-service station at a minor crossroads and asked the old man who came out to help me where we were. He replied, "You're in the town of Bat Cave."

The old man took me inside where he had an ancient, yellowed newspaper article tacked to his bulletin board. From the clipping I learned not only that there actually is a cave in Bat Cave (something no one living on the land had been able to confirm), but all about its history as well. According to the article, the cave has never been fully explored, despite the fact that it's believed to be the largest fissure cave in the world. After insensitive spelunkers in the early 1900's upset the cave's delicate ecosystem by continually interrupting the bats' hibernation, the state turned it over to the Nature Conservancy and public access was curtailed. Reading that gave me yet another dose of the prickly "parallel reality" feeling that occurs when a dream thickens into waking life.

When I returned home, I sent copies of the dream to each member of the community and shared what I had learned about Bat Cave in the vague hope that someone might be able to help me make sense of it all.

For the next few months, I toyed with the idea of buying a partnership in the community. Despite my friend's earnest insistence that my dream had led me to Bat Cave for just that reason, I had no idea how I would be able to make a living in such a remote area. Besides, the dream did not seem to be urging me to move to Bat Cave but rather left me with the sense that I had a responsibility to unearth its dark secrets.

Naturally, I considered the possibility that the dream and all the related events were just meaningless coincidence. But that concept was even harder to swallow than the possibility that the dream had come to me for some as yet unknown reason. It wasn't until early spring that the missing piece of the puzzle fell into place. I received a phone call from my friend, who was in the process of moving onto the land. He told me the community was in upheaval. It had just come to light that one of the members of the community allegedly had been molesting his step-daughter and convinced her that if she were to tell anyone, it could lead to the break up of the entire community. But the girl, unable to contain the secret any longer, had finally broken down in tears and told her father, who was also a member of the community.

Even though the community was shaken to its roots, it was not destroyed. Through Social Services, counseling was provided and three years later, the healing process is still ongoing. Each person in the community has had to come to terms with the event in relation to their own experience. There is a growing acknowledgment that emotional healing is an individual process that demands a great deal of patience.

Later, as I was marveling over everything that had happened, it suddenly occurred to me that the step-father had been one of the people to whom I had mailed a copy of this dream. ∞

Author bio:

Will Phillips is author of *Every Dreamer's Handbook: A Step-by-Step Guide to Understanding and Benefiting from Your Dreams* (Kensington Publishing, NY, 1996). He also teaches classes in dreamwork and writes a column for the Tallahassee Democrat in addition to serving as Contributing Editor and Advisor for the Dream Network.

Dreaming Online:

The Global Cyberspace Dreamsharing Community

*A taste of Cyberspace for those wondering what's
going on with dreaming and Internet.*

by Richard Wilkerson

If you haven't been online yet, your first experience might be something like walking into a surprise party. Everyone wants your attention and many will share your same interests, no matter how off-beat. I know that Al Gore talks about the "Information Superhighway" (1) and everyone gets excited about how much data is available but the real surprises online are the people. This human connection exists at several levels, from casual and committed one on one relationships, to global community connectivity and activism. As might be expected, these levels of relationship hold true for dream concerned individuals and groups as well.

What is the Internet?

Originally designed as ARPA Net by the U.S. Defense Department in the late 1960's to protect political telecommunications in case of an atomic war, the net was a series of four computers that all shared & exchanged the same information. By 1971, it had attracted the attention of the universities and there were 21 host computers, but no one was sure what the common language was going to be between all these computers. By 1982, the decision was made, (TCP/IP) and by 1986 there were 5,000 host computers, mostly at universities and government offices and all able to talk the same language and share the same information. By 1989, the Internet hit the public and media and there were 100,000 host computers. The last figure I heard for 1995 was that the Net had reached 5 million computers. (2)

To be connected to the Internet, all one has to have now is a computer, a modem, some Internet software and an account with an Internet Service Provider. If you don't have a free university or government account, there are a multitude of providers and most now give you all the software you need when you sign up with them. The average cost ranges from \$10 - \$25 per month.

The number of people using the Internet is already uncountable, but to give you a tool by which to guess the near future, I want to paraphrase Bill Clinton's October 1995 directive: "By the year 2000, all U.S. schools K-12 will be connected." (3) What will we and our children have access to when we start a computer net search for "Dreams"?

Dreaming in Cyberspace

To answer that question, it is important to know the distinction between the Internet and Cyberspace. The Internet is a more technical term, the way we connect with one another in computer mediated communications. Cyberspace is the place where this all happens. And there are several kinds of platforms or venues in Cyberspace that dream concerned individuals use. The most popular are E-mail, World Wide Web (WWW) and Usenet.

Usenet, IRC and Chat rooms

Usenet is a group of electronic discussion boards started in 1979 to discuss various university curriculum topics, but since that time Usenet has exploded into hundreds of topic from saving the rain forests to chat about the latest episode of the X-files. Like a real bulletin board, one can post messages, read other's messages and leave replies. The first dream bulletin board (alt.dreams) went up just a couple years ago and allows individuals to post dreams and dream related issues as well as making comments on the posts that go up. Some people want advice on how to recall dreams, some want their dreams interpreted, some want to start small online dreamsharing groups. The level of discussion is very uneven and the board is predominately used as a way for people new to dreaming online to ask questions and get connected with more serious projects. But I'm hoping in the near future to include on alt.dreams discussions on dream theory, dream research and the wide array of techniques used by dreamworkers. Also I see alt.dreams as an excellent venue for networking local and regional dream groups, distributing news and developing mutually supportive projects.

In the last year, two more dream related Usenet groups have appeared. The first is alt.dreams.lucid, a discussion board just for lucid dreaming issues, and alt.dreams.Castaneda, which discusses all of the Castaneda issues, but seems most invigorated by the variations on lucid dreaming that are being practiced. Other newsgroups such as alt.psychology.Jung and talk.religion.new age will occasionally discuss dreams in light of their own particular viewpoints.

A spin-off of the newsgroups are the real time Internet Relay Chat channels. On the IRC channels you can enter one of hundreds of ongoing real time discussions, simply by typing in a sentence or two and sending it to a screen where others in the room are also sending sentences. Or you can create you own rooms, invite your friends or associates or wait for visitors. Complex interactions and threads can take place, but generally the quality is usually lower than on Usenet. There are exceptions. These Chat rooms are also avail-

able on most commercial online servers and Fred Olsen has been doing dream reentry work on both Genie and AOL. His directed questions style works quite well in this real time mode. Another notable exception is the Dream Studio, which Donna Campos opens on Mondays nights at 6:00 PM EST on Compuserve. She invites a different guest each week to discuss a variety of dream topics. The key to these chat channels seems to be having a host or guiding moderator.

The World Wide Web (WWW) : Internet Gets a Friendly Face

In 1990, a couple of CERN physicists in Switzerland were given the task of developing a network that could be used by a variety of International physicists. What they came up with was the World Wide Web, a system that could go out on the Net and use any resource. In 1993, Marc Andreessen gave this route a friendly face by developing for NCSA (National Center for Supercomputing Applications at the Univ. of Ill in Urbana-Champaign) a program called Mosaic browser. He gave Mosaic away to the public for free. By December of 1993, over a thousand browsers a day were being downloaded (taken from the net).

What these browsers do is allow net connected users to travel from one friendly page to another at the click of a mouse. These friendly pages, or web sites (collections of pages), run about \$10.00 to \$30.00 a month to put up commercially and are free to many university students. What do people put on these pages? Everything! Pictures of themselves and their kids, one's life story, all the things you want to sell, and links that let you jump to other sites - your friends' sites, your business site, similar interest sites. And so, of course, we all put the dreams and dream information we want other people to know about on our web pages.

There are now dozens of Web sites that include information on dreams and dreaming. Dream Network Journal has a site, Electric Dreams has a site, and even ASD and the Lucidity Institute Inc., have sites. A good place to start browsing is a directory of many (not all) dream sites on Yahoo web directory. I've also made available a file called Dream Guide to the Internet which covers most of the sites and how dreaming is represented online. (4)

There are also several dreamsharing sites now on the Web. The most interactive and sophisticated at this time is DreamLink. At DreamLink, you can not only find lots of information about dreams, but actually participate in interactive dreamsharing. It works kind of like a specialized bulletin board. You go to the site with a Web browser and leave your dream and information about your dream. Linton and Becky Hutchison distribute your dream to their network and put both

your dream and comments on the dream back up on one of their web pages.

The future of the Internet is to be found in the Web. The now static pages will give way to real time video channels and more Interactive forums. But at this time, the one thing you can't get on your Web browser is electronic mail, and e-mail rules the Internet.

E-mail, E-zines and Mail Lists.

In early 1993 when the Web was still more of a great idea than a reality, if you wanted to connect with someone on more than a superficial level you used e-mail. We still do. E-mail is like a regular letter except that it's cheaper and faster. I can send a ten page letter from my home in San Francisco to my friends in Australia for about 3 cents. And it gets there in minutes. (Of course, they are probably asleep and won't read and reply for several hours!) What is even better, I can make a copy of that letter and send it to everyone I have ever met in Cyberspace with an Internet e-mail address (say about a thousand addresses) for the same 3 cents. If I did this, I would probably get 999 letters back, each costing me 3 cents, telling me to knock it off and please send only relevant, personal letters - but I think the point is clear.

E-mail mini-dream groups are easy to start and inexpensive to maintain. They have sprung up all over the globe. Usually with a dozen or less participants, e-mail groups share dreams and comments about each other's dreams. They may last a week, or become a permanent group of friends.

In August of 1993, I found one such community that had grown to about 30 members and put out every couple of weeks a magazine, (or e-zine) Electric Dreams. Originally the community used the e-zine to distribute dreams and comments on the dreams from previous issues. But the members wanted to cut down on the 2 week time lag between dreams and comments. The solution was to have the dreams distributed to those interested in commenting so that dreams and comments would be printed together every week or two.

These dreamsharings were certainly not the same as off-line or face-to-face groups, but I felt very excited about the process and felt there was a great networking potential in sharing dreams on a global scale. I had recently been impressed with the networking style of Jill Gregory, the director of the Novato Center for Dreams. Through a variety of news bulletins, dream groups and other interpersonal projects, the dreamers in the Bay area maintain a creative personal community, while at the same time staying in contact with the international dream community. I wanted to model this regional approach on a global scale and added news, projects and other forums to the Electric Dreams

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Tracks in the Wilderness of Dreaming

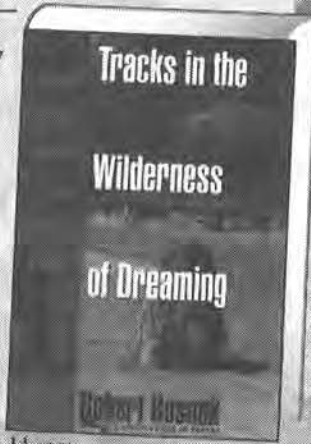
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suggested by Jay Vinton to simply have everyone maintain the group list and send each comment or reply to everyone else on the list. This has worked pretty well and if the continually positive and enthusiastic comments received from the dreamers at the end of the process continue, the two week group mail list will become a permanent fixture to the Electric Dreams community.

The two week Post-and-Comment style dreamsharing is still a part of Electric Dreams and recently I added a special mail list distribution and communication channel to facilitate this. Interested subscribers join the list and can not only submit dreams, but discuss the dreams as well as

community - but the core of the process, the dream-sharing, still needed some anchoring.

Early in 1995 I found an online model for dream-sharing. John Herbert had been running a variation of Montague Ullman style groups on the America Online (AOL) Seniornet. John had also run these groups earlier on local Bulletin Boards or BBS and compared them to face-to-face groups. (5) These BBS are local computer networks that allow people to dial up and participate in various activities, from getting software to playing games, to doing genealogical research. He would have the participants work on one dream at a time, first asking clarification questions, then making comments in the Ullman "if this were my dream..." style. At each step, the dreamer had a chance to respond if he or she wished. Now on AOL, John uses a similar bulletin board style, and participants can anonymously post dreams and comments within the mediated process. His preliminary research indicates that the online groups provide as much or more insight than face-to-face groups. Generally he attributes this to the reflective, unpressured time that dreamer and respondents have to make comments.

I took this process back to the Electric Dreams community, modified it for e-mail and have been trying out variations for about a year. The first were round-robins, where we had one file and a list of participants. The file was passed around with the next addresses of where to send the file. As the growing file passed through the mediator and dreamer, the next phase was enacted; from dream presentation, to clarification questions, to replies and comments. It was an administrative nightmare. We switched to a process

comments and aspects of dream interpretation in general. Bob Krumhansl pulls all the relevant dialogues, dreams and comments together and we publish them for the whole community every two or three weeks.

Electric Dreams continues to be a kind of eye on Internet for dreamers and a forum for direct dream-sharing, education and news. But even more it is a swarm of mutant butterflies in Cyberspace, a community experimenting with dreamsharing at its core. New forms of dreamsharing appear every week and with the addition of new technologies, even more forms will soon be available.

Technological Solution or Social Revolution?

Many people are wary of the Internet and the promises of its being just the latest in a series of 19th and 20th Century technological solutions that end up causing more harm than good. I agree with this caution and feel the Net will probably bring with it more problems than solutions. Just like democracy and Rock & Roll. I'm afraid it is already past the point of trying to pack it up and send it back to National Science Foundation. What we can do is become involved and shape the way that online interaction occurs. For example, just as with off-line dreamsharing, online dreamsharing continues the valuing of inner resourcefulness, of intuitive perception, of supporting each person in being his or her own authority in matters of meaning and value and bringing those out into the community at large.

I don't mean to offer online dreamsharing as better than off-line. I'd rather not set up a feeling of competition here; I personally love the physical embodiments of dream drama and the risky emotional contact and personal closeness of face-to-face meetings. This is just not available at this time on the Net. Rather, I'd like to present online dreamsharing as something new, opening a new niche, a new wavelength that is different from face-to-face dreamsharing. Online dreamsharing complements and supports all other kinds of dreamsharing through the more specific development of reflective skills and more general global dissemination of the benefits of communities tied together through the sharing of dreams. ∞

Biographics

Richard Wilkerson is a Bay Area dream educator, the program coordinator for IIDCC DreamGate and the editor of *Electric Dreams*. He is currently developing the Internet Training and Exhibition Center for the July 1996 Association for the Study of Dreams (ASD) Conference in Berkeley, CA. DreamGate is an online education and support center for dream concerned individuals & groups getting established online.

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 Yahoo Dream Web Directory: http://www.Yahoo.com/Science/Psychology/Sleep_and_Dreams/
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GATES

by John Van Daam

For nearly two decades, dreams about living in the houseboats on the Sausalito Waterfront, which is located along a two mile stretch of the North shore of San Francisco Bay, have been collected and published in a community dream journal.

Several people help collect dreams or encourage their dreamy neighbors to deposit their dreams into the Dream Drop. The community dream journal is typed up, published on a mimeograph machine and distributed free, by a band of volunteers, to all the docks where the boats are berthed.

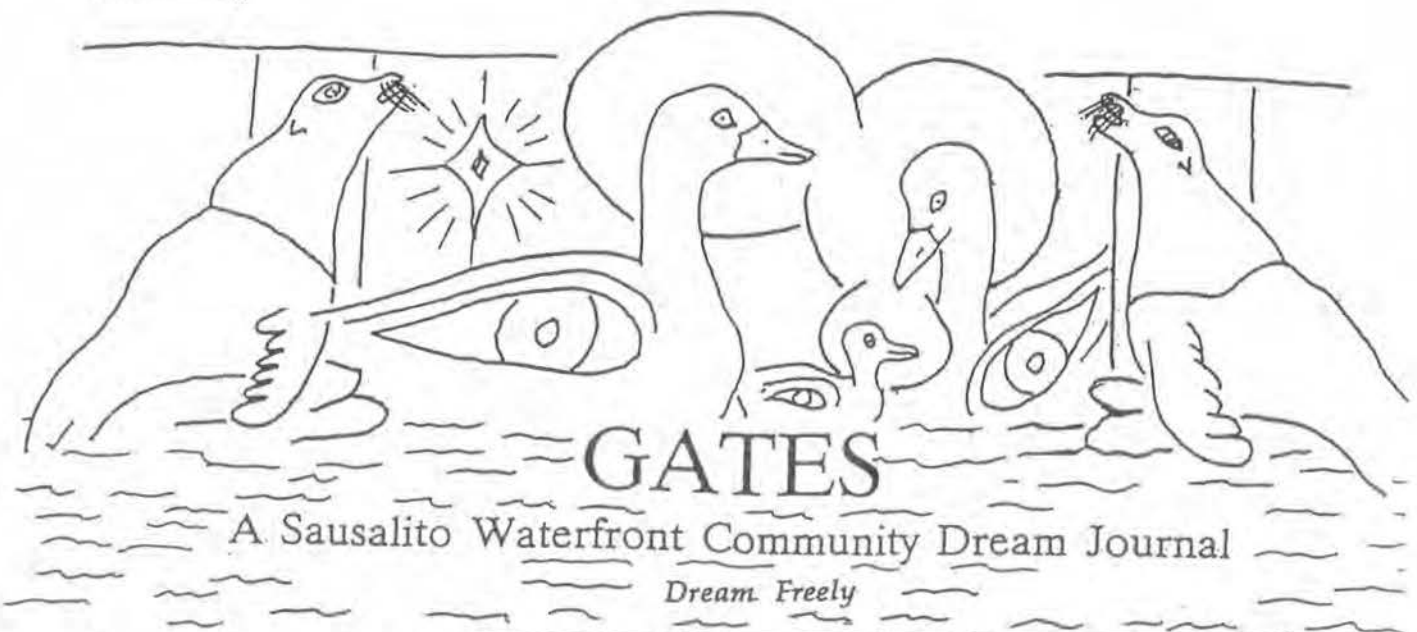
Generally, the inhabitants of the waterfront community have been very accepting of the idea of sharing their dreams in print with their neighbors and it has always been great fun putting the little journal together. Lately, it has been published only intermittently; there is an issue in the works as this article is being written.

Children enjoy being a part of the journal and they are very serious about the dream entries they make. In almost every case, the children make a drawing of their dreams and have always included their ages with their submissions. It has always been the practice of everyone who shares a dream in the journal to include their name and their boat name and the dock they live on, as well. In fact, it was the children who put pressure on the adults to include their ages and having ages included has added a further dimension of fun to our dreamsharing.

The community dream journal makes the community feel like a little village because the sharing dreams feels so homey, warm and trusting. However, there have been times when people have been upset about other people's dreams. In most instances, however, these upsets have been worked out. A lot of dreamwork gets done right on the docks and a many more dreams get shared in the community than get published in *Gates*. People like talking about their dreams and it has been said in the community that the journal has stimulated communication among us and has helped make people into better dream listeners. Seeing their neighbor's dreams in print *does* bring an aura of importance to what many folk still consider as the zany weirdness of the night.

Over the years, the community has changed considerably, yet the spirit of freedom and love that gave birth to the houseboat way of life after WWII is still alive and everyone is still hoping someone will have a dream that will bring forth the formula to render the whole place invisible so the greedy landlords will stop giving everyone nightmares by charging totally outrageous rents. And of course, it is hoped that magic dream will be published in the next issue of the community dream journal. ∞

For a sample copy of our dream journal, send a SASE with two stamps to Dream Drop, PO Box 1123, Sausalito, CA 94966



Dreaming Deep & Surfacing:

*Dreamwork Community
in Cyberspace*

by Jeremy Taylor

A little while ago, I was approached by *America-On-Line* (AOL) to host a regular, live, real time, virtual dream group, Monday through Friday at 9:00 a.m. Eastern Time. I agreed to give it a try, even though it means that I have to be bright-eyed and bushy-tailed and in front of my computer at 6:00 a.m., Pacific Time.... which up until now has not been my habit.

Initially, I had some reservations about working dreams through this distinctly cool and physically isolating medium: the Internet. When I imagined as carefully as I could what it might be like, I was particularly concerned that the flat and highly compressed computer communication format might inhibit the flow of imagination, relational intimacy and mutual respect so necessary for good dreamwork.

I decided to undertake a couple of trial runs before I agreed to host the show for AOL. Barbara Viglizzo, a colleague and former student of mine, offered to set up trial meetings in cyberspace and recruited several interested computer-competent dreamers. (Thanks, Barbara!). As we all met in cyberspace and began to do "... if it were my dream" style dreamwork, I was tremendously pleased and excited to discover that my fears were, if not groundless, at least exaggerated out of all realistic proportion. In fact, the emotionally and physically flat format of simultaneous computer chat among people in widely separated geographic locations appears to enhance many important elements that make group exploration of dreams so productive.

The fact that every participant appears on the screen identified only by his or her 'cyber-handle' (email address), means that the sense of safety and protected anonymity so necessary for productive dreamwork is completely assured from the outset. My experience also convinces me that the necessity of compressing our questions and comments into two-line 'sound bites' in order to send them to the communal screen, regularly serve to discourage needless verbosity. The compressed computer screen format tends to draw us all into the work at a deeper level, more quickly than is sometimes the case in face-to-face dream groups.

I am also very impressed with the sense of emotional equality that is created by everyone's comments appearing on the screen in the same bland typeface, with same spacing and inflection. In face-to-face dreamwork, the comments of participants are always weighted, to some unconscious degree or another, by our responses to their physical appearance and the timbre and quality of their voices. Different people have different prejudices about who they want to listen to and take seriously and who they tend to 'time out' and dismiss. On the screen, all that is gently wiped away; all comments appear initially as equal and all the participants are much freer to discover the potential aha! of insight for themselves in the various remarks, without unconscious prejudging of the person making the comment.

This egalitarian anonymity is simply a given when the work is undertaken through connected computers and that alone make 'virtual dream groups' in cyberspace a particularly good place to explore the multiple meanings of dreams that always lie below the surface of appearance and manifest content. As in face-to-face dreamwork, the different ideas and multiple perspectives offered by the many different people who constitute the virtual dream group, makes it even more likely that many more of the dream's multiple levels of meaning and significance will be touched on and explored in the



work.... than would be likely to be touched upon working in solitude or even working on-to-one with a skilled dreamworker.

I regularly find myself musing more freely and speaking more openly as I sit comfortably in my computer chair, sipping my morning coffee, physically much more comfortable and relaxed than I sometimes am when sitting in metal folding chairs in drafty church basements doing face-to-face dreamwork. I can only imagine that this relaxation factor has a positive effect on all the other participants as well. Presumably, we are all comfortably ensconced in our own private, safe, comfy, computer chairs, free from the judgment of others and thus more able to think and intuit creatively and sensitively about our own imagined versions of the dreams being considered.

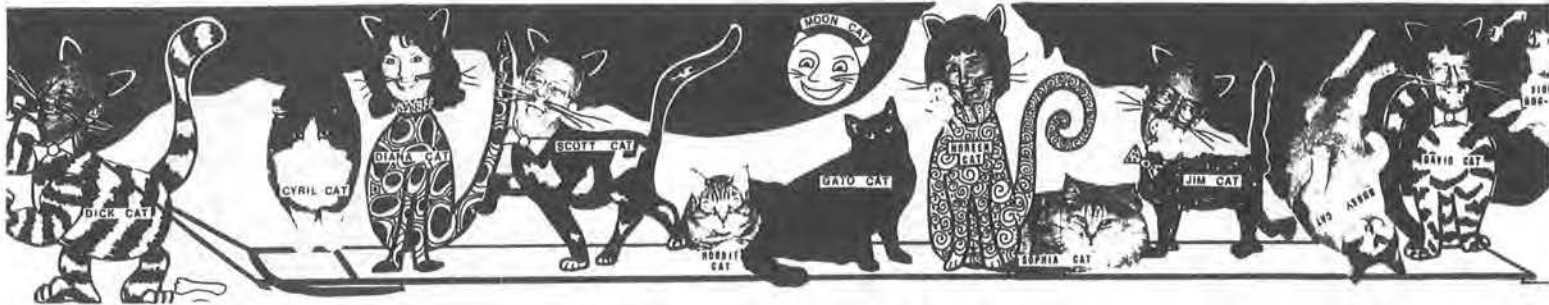
In the virtual dream group, people are free to come and go as their interest and energy dictates, without distracting or giving offense to other participants. By the same token, people are much freer to simply watch and listen and generate their own aha's! of insight without participating directly in the process. In the cyberworld, such people are commonly known as 'lurkers' and 'lurking' is a perfectly acceptable activity in this context.

In the virtual dream group, the host has even more influence over the process than in a face-to-face group, since he or she has the power to determine which comments go to the screen for all to read.... and which will be 'dumped.' This has both positive

Continued on Page 45

Hello Dreamer! Do You Live in Community?

by Noreen Wessling



Not until yesterday when I got a letter from the editor of *Dream Network*, did I have an inkling that yes, indeed, I may have 'community' in my life that would be worth writing about as it relates to dreaming and dreamwork. The notion came to me after Roberta inquired, "... do you live in a community?" She was prompted to this question by our Christmas card, a home-made 'wild and wacky' greeting including photos of our whole family, a good friend who feels like family and our 5 cats and a dog.

Do I live in a community?

Hmm, what a strange thought, especially since the reason we moved to our home on 6 acres of woods on a dead-end street, was to have privacy and keep people away.

But then, for the past 3 years, our home has been open to two different groups — dreaming and drumming — and the consequent networking that comes from having ongoing groups. And it's all so much fun! That's why it has never felt like 'community,' just as our fun Christmas card was simply 'family' to me. Could it be that real community *feels* like family? It looks like it may be time to change my perception of what is 'community.'

Even the word 'community' makes me cringe, with images of communal living ala the hippie days of the '60's, where everyone scrunches in together, sharing

everything from bathrooms to beds and worst of all, each other's emotional garbage. Plus, you have to eat raw carrots every day. No siree, that is *not* the life for me. That was my old view and old concepts die a lingering death.

Then there came to my rescue the splendid article, *Whispers and Murmurs*, by Russell Lockhart, in the latest issue of DN and I became an instant convert to the idea of 'community life' as I read his definition of community as 'Gifting Together.'

Now *this* I can relate to. There's no doubt in my mind that being privileged to have all these groups of delightful people coming together in my life and my home is indeed an ongoing gift. How did this all get going for me? I'm not sure but I know dreams played a big part in it.

Way back in the mid-80's, I sketched my dream/vision of a 'Healing Arts Center' built right on our property. It would be a separate building where people from many disciplines could come together and enjoy one another's company. I promptly stuck this sketch, this 'impossible dream,' in a notebook and forgot it. By chance (?), I found it recently and gasped, "This is amazingly like my new Art Studio." This wonderful 7 Arts Studio, so named after a dream I had many years ago, was built for me this year by my husband, Dick.

Yes, it's separate from the house and is large enough for both our Dream and Drumming groups to gather... and it is the place where I will also teach classes, including Tai Chi.

And then there is the dream I had on August 21, 1989, titled "Throngs of Spiritual Seekers Come to The Pines."

Where we live is called The Pines. In the dream...

.... a large bunch of people job onto The Pines. "This is private, don't you know," I say to them.... not liking this invasion at all. But the people keep coming. Good people, saying they are some kind of religious group and they need a place to meet. And this is it! The paradox is that even though I feel inundated by these strangers, I also feel exceptionally fortunate to call this home.

When I had this dream, it made no sense to me and the thought of having groups invade our sanctuary on a regular basis was downright repugnant. Not me! Yet, the seeds were sown.

The Pines Dream Sharers (PDS) group started over 3 years ago and continues to thrive. I had no

intention of starting such a group. Remember, I'm NOT a group person! All I know is that right before PDS emerged, I indulged myself in a month's holiday at what I call 'a delectable slice of heaven' Health Spa in Mexico. I came home totally relaxed and happy, yet ready for anything. Even before I lost my tan, the dream group spontaneously came to life.... with no effort on my part.

I did, however, have a vivid dream the night before our first dream group meeting, where I was running for dear life up the side of a mountain to get away from this great flood. I made it, only to discover a temple at the top. I felt that this dream was warning me to run like hell from the flood of emotional 'stuff' that a group as intimate as a dream group can evoke.... not to take it on as my own. This sage inner advice has come to my rescue many a dream group night.

Another surprise! A few months after the inception of The Pines Dream Sharers, came the birth of our second monthly group, Drums for Fun. Now we were beating out primal rhythms until our hands throbbed and our hearts cheered. 'Community' was happening and I was having so much fun I didn't even notice it. I knew nothing about drumming. Where did *this* gathering focus come from?

I suspect the impetus came in the early 90's when those 'seeds' I mentioned earlier began to sprout in the form of a series of Pan Dreams, each with the insistent urging that I get PRIMAL. This mythological Goat/Man knew how to get me grounded: start drumming. This was a good trick, even for a Dream goat, since I'd never drummed before nor had any interest in such an activity. Now, of course, I love it so much, as do many others, that we drum twice a month. I realize now that the 'grounding' drumming provides is a perfect complement to the inner heights to which dreamwork elevates one.

OK, it is now 3 years later and the groups have taken off and are 'outgrowing' our small living room space. We've had times when we were packed in so close that sardines-in-a-can were jealous. Yet once again, Providence — or something — came along and my new, wonderful large art studio was built this year. A true 'community' building, if there ever was one.

During the 6 months it took to build 7 Arts Studio, I had many dreams about expansion and 'going global.' This last image greatly puzzled me until recently, when I got into cyberspace with my Macintosh computer and modem. Viola! Another form of 'community' has begun to emerge.... no less than the whole planet. This is getting really exciting!

Eventually, I'd like to have my own Web page relating to dream-sharing and look forward to emailing all over the world, exchanging ideas with other dream seekers. Yes if this is what community is, *I want more of it!* And you know, the neatest part of all? I can do all this from my own private 6 acres in the woods, where I still have plenty of time to myself and *don't* have to eat raw carrots every day. ∞



Noreen is an enamel and stained glass artist and a certified Graphoanalyst, as well as contributing editor to the Dream Network. She has studied Tai Chi for 13 years and will teach this and other disciplines in her new 7 Arts Studio, which also houses The Pines Dream Sharers and Drums for Fun, groups that are open to all. Noreen welcomes your comments or inquiries. Please address correspondence to 5429 Overlook Drive, Milford, OH 45150. Phone (513) 831-7045. email: NoreenFW@aol.com.

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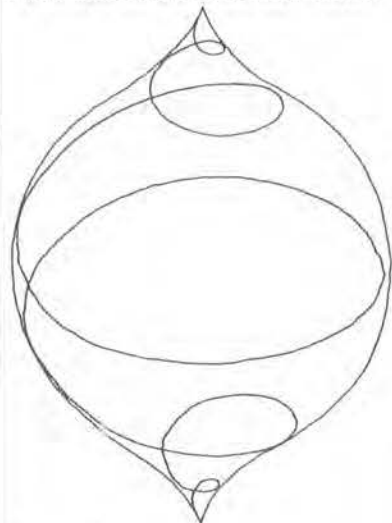
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Dream Inspired Poetry

transcribing dreams

I

I was at a beach, I don't know why the dream was there, but it was, the dream I mean. And you were there, and your family too, and at one point your little sister, the one that isn't so little anymore, pulled me to the side and told me she was pregnant. She loved her boyfriend, she couldn't have an abortion, she didn't want to tell her parents. And she told me, and I didn't know what to do. Later in the dream, still at the beach, she told you, and your parents, and you were screaming that you were going to kill her boyfriend, and your mother was babbling what would the neighbors think and your father was speechless. And I know that all of you were hurting her more, that what she needed most was supportive words, someone to hold her. Didn't you think she was scared enough, I wanted to ask. But I didn't, I watched all of you do this to her, the poor little girl. How scared she must have been



transcribing dreams....
he told me his dreams.... &
she told me her dreams....
appearing on these two pages by

Janet Kuypers
3255 West Bolden, Suite 3E
Chicago, IL 60647-2559

transcribing dreams

II

me and my sister and my mother were driving at night and we were approaching an s-curve in the street. We had to turn right, drive a half block, then turn left. When we took the corner there was a fire in the building right in front of us, and there were all these fire trucks and ladders and water spraying through the air. And we couldn't turn around and go back, we had to drive past this, and the car got faster and faster, I felt like I was being thrown toward the inferno. And I saw firemen that were on ladders on the second and third floors being thrown away from the building by the flames, falling, screaming, falling to their deaths. And we sped around the corner, my sister was falling out of the car as we took the turn so fast. She was holding on to the frame of the car and we watched firemen fall from the sky, and I sat in the center of the backseat, not knowing what to think, watching it all



he told me his dreams

II

he was in bed, but it wasn't with her, like he would expect: it was with her best friend, and they were making love, in his bed. he didn't realize it wasn't her until he was making love. strange; where was she in the dream

he told me his dreams

III

he was making love to a woman, he didn't know who, he thought she was blonde. They were in a forest together, he thinks. And when they were done, he was with her later, but she wasn't the same woman anymore; in fact, she was his cousin. Why does he keep having dreams like this, he asks me, am I obsessed with sex? No, I said, just look closely. Why do you think things are never as they seem

he told me his dreams

V

they were trying to kill me again, why am I always running away from them? they had guns, they had pistols, machine guns, as they always do, and I only had my feet to keep me away and save me. I could feel the bullets riddling my body. who are they, why do I always have to run away; even in my own dreams, who am I running from

Dream Inspired Poetry

she told me her dreams

I

we were at some sort of showing
some sort of exhibit
where they were displaying the glass

sculpture, it was eighty-three
billion years old, and it was
more smooth than anything

and it went on and on, one smooth
curve after another
it was so old

they displayed it on the water
was it a lake, or the ocean
it rested on the water, religiously

and I was in the water with someone
a man, I don't know who
and we were swimming around it,

touching it
he was on the other side, told
me to swim under it

I didn't think I could make it across
but I went under, across I went

I kept feeling the sides, the smoothness
somehow, transcribed along the
sides of the sculpture, was a
timeline, a record of history

there's wasn't much at eighty-three
billion years ago, but there was
more and more the closer we got

to present
I remember reading Lyndon
Johnson's name, and then I saw
information about the future
it was all on the glass, I was
looking at it, but I can't remember
what it says

she told me her dreams

III

this is my recurring dream:
I am in a garage
with my two brothers, there

is a window near the top of
one of the sides
and one of my brothers is

looking through it. there was
also a draining grate

on the floor of the garage
and my other brother was
looking down into it
and I sat there in the labyrinth

for the garage was filled
with a tall maze
and we all had to get through

it in order to leave the
garage
but there was a dragon

in the garage with us, and
every dream was my
brothers, looking out the

window, looking into the
darkness, and then all of
us running for our lives

he told me his dreams

VII

when I was little
I would have dreams
where I found riches:

a large rare, expensive
gold coin, a pile of
money hidden in a cave.

And the one thing I
remember most is that
I always wanted to take

it back with me; I knew
I was dreaming, and I
would think, "God,

please, I just want to
have this gold coin when
I wake up." And I

would try to hold the
treasure firmly in my
hand, wake myself

only to find tightly
clenched fists. Once I even
remember putting

the wealth under my
pillow in my dream, and
then I would wake.

My instinct told me to
turn over my pillow as
soon as I could. There

was never anything there

he told me his dreams

VI

in the recurring dream
during my childhood
I was on a sort of game show:

and every time I would
be faced with three doors
to choose from. They

always had the same things
behind them. The first
time I had the dream

I asked for door number
three. Behind the door was a
desolate hill with a tree

on the top. I would then
climb the hill, climb the tree
if I could, just to see if

there was something else.
Nothing. Just a hill, just a
tree. Other nights when I

would dream of it I would
go back to the hill, find a
wooden ladder at the tree,

climb it and find a fort to
play in. But that was all, still
so lonely. On other occasions I

would choose door number two.
Behind it was a dark tunnel,
a scary tunnel; there was a

light at the end of it, but I
would never get that far: I
would try to go through the

tunnel, but I only got a
strange feeling. Was there
anything there at the end?

Sometimes in the dream I
would choose door number
one. Behind it was a great

Walt Disney World amusement
park, even better than
that. And there were roller

coasters, and lots of food.
It was my favorite door.

But sometimes I had no choice

which door I got. Sometimes
I'd notice more details, but
it was always those three

doors, the desolation, the
fear, and the rewards. the
doors were always the same

breeze, the notion flitted across my mind that it was too bad nobody had recorded their dreams the night before that fire. How interesting it would have been to compare!

And then all at once, from one moment to the next, all of these projects clicked together, a crack opened in the sky and the idea to collect dreams from people in Dundee and compare those dreams with daily life — to document unofficial history — fell out and hit me on the head: BONK!

I was in a unique position in that time and place to do this. By then I'd been a newspaper editor/reporter for long enough that everyone was more or less used to my asking questions and writing about community events and controversies. I had complete access to the newspaper, so I could announce my project, keep track of daily goings-on and write about my results as I pleased. Also, I thought that people would trust me to protect their identities, since I'd done so faithfully in the past. I also thought that I could do all of this objectively, from a reporter's position of non-involvement. I was dead wrong about that one — much of the book springs from my private experience — but the delusion gave me enough courage to go ahead with the impulse.

I wrote up a piece asking for dreams and ran it in the *Observer* for several weeks. All I wanted initially was Friday night dreams. I thought this was attainable, since Saturday mornings might be less harried for most than the rest of the week. I said that I wanted to compare dreams with daily events and that I was interested in precognitive elements. I took out a post office box and waited for the floodgates to open, or not. And simultaneously, I received less than I expected and more than I could have imagined.

People did send me written dreams, but the one thing I hadn't anticipated — the wonderful, delightful, astonishing thing — was that the majority of responses were spontaneous face-to-face encounters

in every nook and corner of the village. I had just assumed that nobody would want to talk about this stuff head-on. I was stopped on the street, in the hardware store, in the post office and supermarket checkout line, after board meetings, in my driveway — everywhere — by people eager to tell me their absolutely amazing dreams and experiences. Folks from all walks of life did this: Local politicians, real estate brokers, farmers, unwashed hermits, domestic engineers, artists, even — to my biggest personal surprise — two of the local ministers. People still do this. Even in the village where I do most of my business now, where *Dreaming Myself* isn't "known" as it is in Dundee, people tell me their dreams.

How do they know?

And I just want to add here that I didn't do "dreamsharing" with this information; that wasn't my initial purpose. I kept these records to myself, with the exception of an occasional *Observer* column on the subject, until I wrote the book some years later. Under the surface, it was all "shared" anyway. But in the usual terms, nobody knew what was going on except me.

Essentially, this was the only way that people would feel comfortable enough to participate... but more than that, I just wasn't sure what I had even after I'd collected it. For this and other reasons, the book itself took almost eight years to put together.

DNJ: *What was the most inspirational incident that occurred as a result?*

Susan Watkins: The most inspirational — maybe the better word is educational — incident, or incidents, was that the individuals I least expected to care about such things as dreams were almost always the ones who had the most vivid dream life and the most unabashed manner of relating it. This included a range of stereotype-busters from the aloof MBA-educated bank CEO who called me on the phone with past-life memories, of all things (and some

years later gave me a mortgage without requiring a down payment) to the unemployed former hog farmer who'd left school in the 8th grade and had remembered dozens of dreams every night since he was a child.

Not one of my respondents had ever set foot inside an "ESP" class.

I wish I'd been better acquainted with the area Amish and Mennonite communities at the time. I'd love to find out what their collective dreams are like.

DNJ: *The most uncomfortable?*

Susan Watkins: Other than my initial fears about exposure and ridicule, something all writers have to deal with no matter what the subject matter, I never experienced any undue discomfort, unless you want to count bafflement and speechlessness with anyone local who talked to me then or later about their dreams.

Occasionally someone would relate tales of incredible disasters in their lives, which made me feel awkward and ashamed, but this wasn't their fault. Whatever truly uncomfortable moments I've had along these lines has almost without exception occurred when people from elsewhere track me down in a certain predatory kind of way. Fan mail I love, but...! I wrote above one such encounter in *Dreaming Myself*, so at least it proved useful. Still, this sort of thing never ceases to appall me.

DNJ: *The most meaningful, in your perception, for the community, itself?*

Susan Watkins: The most meaningful thing about this project for the community? Well, I hesitate to speak for the good people of Dundee, but probably the recognition that not only was I interested in dreams but that I thought them important enough to put in a book was mutually important. I'd like to think that the initial collection of dreams — and later the book — sparked off something inside everyone, me included. It was a community creation. Most of all, I discovered that my "peculiar"

interests had a place in the world at large. This is no small realization.

Whenever any individual begins to trust inherent characteristics, the community as a whole does likewise. This goes for any individual or set of characteristics, of course.

DNJ: *You commented in your book that during the time you were collecting dreams — and since — your perception is that most people have a natural inclination toward understanding and utilizing information from their dreams.... everyone from public officials to farmers. Would you elaborate?*

Susan Watkins: When people talked with me about their dreams, they often prefaced their accounts by saying, "I don't know what this means, but..." and then would go on to summarize the "meaning" perfectly, sometimes obliquely, almost always with a measure of embarrassment. Too many of us have been taught to think that authority figures know more about us than we do. Less than any encultured notion that dreams were crazy or evil, people who talked to me seemed to feel that because they weren't some kind of "expert," their own dream interpretations couldn't possibly be any good. (Unfortunately, too many "experts" share this belief.)

Most times, all it took was a little prodding on my part, or a suggestion or two and people would say, "Yes, that's what I thought it meant, and besides that..." or "Maybe what it really means is that..." and then they'd go on to give me beautiful, canny pieces of self-insight that took my breath away, listening.

Most times all I had to say was, "What do you think it means?"

They always knew.

The fact that I didn't laugh or try to impose on their obvious "natural knowing," and that they also didn't laugh and were willing to open up to me in this way was the matrix that made the whole thing work.

Anyone who thinks that the masses lead lives of dreamless desperation has a lot to learn. I certainly did. Still do. Maybe someday I'll do a sequel.

DNJ: *Dreams, synchronicity and following your instinct/impulse were prime movers in this undertaking. Are you still on that path?*

Susan Watkins: I still follow my impulses and keep track of dreams and coincidence, though not with any particular project in mind at the moment. Impulses are what started me writing a humorous gardening column for the Observer in 1989. This eventually led to my latest book, *Garden Madness*, just published by Fulcrum Press.

A very odd and — when you think about it — obvious impulse whacked me in the forehead one morning not long ago and I've been collecting dreams and interviews with Jane Roberts for a memoir I hope to write eventually. I just finished a huge novel of "dark magic realism" about the antiques trade, which I dabble in *impulsively* whenever sitting in front of my computer begins to drive me mad. I even bought a dog on impulse; he was on sale at the mall, so how could I not? This was a distinct departure for a cat person but it worked out perfectly. Now I have a two-year-old around the house again, only this time I can shut him in the laundry room and leave. What fun!

Consciousness is an adventure—your own and everyone's. This interview was an adventure, too, and I thank *Dream Network* for asking me to contribute.

Dream on!

DNJ: *Thank you very much for being willing to share your unique project and experience with us, Susan. ∞*

Dreaming Myself, Dreaming A Town can be ordered in any bookstore or directly from Kendall & Delisle Books Inc., 1976 West 3rd St., Brooklyn, NY 11223-2709, or from Reality Change magazine, Seth Network International, P.O. Box 1620, Eugene, OR.

Seth Network International has recently announced plans to publish paperback reprints of *Conversations* and to produce audiobooks of both *Conversations* and *Dreaming Myself*... later this year.



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Tracks in the Wilderness of Dreaming:

Exploring interior landscape
through practical dreamwork.

by Robert Bosnak

Delacorte Press / ISBN 0-385-31526-0
240 pages

"My insecure Western consciousness has to learn to adapt to a more primitive realm within" says the author. His book is a masterpiece of dialectic and exploration in both the real world of daily consciousness and the real world of our dreams. The narrative follows "Robbie" through his dream practicums in the States, all the way to the Australian outbacks where he sits and enters into the reality of the ngankari (shaman) and back to America to face remarkably similar dreams in his clients. His teachings are fresh, insightful and well documented. His book ends with a particularly brave sharing of the inner landscape of his dreams over the "wilderness" period in his life following the death of his father, until he comes face to face, in the other world, with the father of dreamwork, Freud. There the author takes his small step for man and giant leap for humanity: breaking from the psychological tradition that would have dreams only serve the conscious life, Bosnak declares that to the dreamer all realities are "as valid" one as the other. As the ancients have taught, we do indeed live in a multidimensional universe. Bosnak blends the yin and yang styles of a true storyteller, teaching and delighting every step of the way.

Tracking the Gods:

The Place of Myth in Modern Life

by James Hollis

In this book, James Hollis explores the meaning and effect of mythology on the process of individuation in an adult's midlife passage. He visits the "parent" myths of the Eternal Return (the great circle - mother myth) "In the beginning is my end" and the hero myth (the male warrior myth) the arrow energy which sets any person off on their own journey. He revisits lesser known myths (Admetus and Alcestis, Philemon and Baucis, Dido and Anneas, among others), outstanding personages (Faust, Dostoevsky, Nietzsche, Kafka) and pathology as it relates to mythology. He ends with a dissertation on relationship and the soul journey concluding that "soulwork is myth work." I particularly enjoyed his methodical approach to pathology in human development.

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Redefining Success:

Women's Unique Paths

by Nancy Johnson

Sybyl Publications / ISBN 0-9638327-5-1

October 1995 224 pages

We all have a dream. Some of us grow into that dream, some of us fall into it willy-nilly, affected by the handmaid of fate. *Redefining Success* tells the story of 24 Oregon women who have "made it" as teachers, nurses, ministers, shop owners, judges and politicians, ranchers, and senior citizen home directors. The stories are short, punchy, well written and inspiring to read. I fail to see however how the title fits. These are all women who have made huge personal sacrifices in their personal and family lives in order to serve the work ethic. How is that redefining success? What's extraordinary is how global and sensitive these women take on previously masculine mandates, and for that we will all reap the fruits of a better world from their efforts. They are the personification of collaboration and community mindedness. But the uniqueness of most of these career choices escapes me. Is success then only measured by position in the organization, or size of congregation, or academic height? That seems too traditional for me! Conspicuously missing were women mystics, mothers at home, volunteers, writers, tarot card readers, etc. Women who choose part time employment to create more balance in their lives do so only at the cost of success, it would seem. Perhaps it is indeed time to redefine success.

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Dream Community-In-Extension, Cont'd from page 27

love circulates through the group and flows out into the world, in healing.

In looking back over the past three years, the most important aspects of our work for me have been the complete trust, support and unconditional acceptance we each bring to the group process. We respect and affirm our differences; we allow for not knowing. What alone might be hard or impossible to face becomes possible to deal with in a loving environment. A community of friends is empowering; in times of darkness, it is a source of strength and in times of light, it is a source of joyful companionship. Becoming part of this community of three has been a wonderful, enriching experience which added new dimensions to my life. It has been and is a gift I cherish deeply.

— Joy, Gudrun and Curt —

The dreamwork of this small community of three — based on bonds of respect, trust, openness of change, discrimination and focused intention — has moved us closer to the human community as a whole. For within ourselves, we have met and faced the human condition which has deepened our understanding of human frailty and strength. We have learned a little more about the nature of love and compassion, a little more about tolerance based on understanding... and we have been humbled by the guidance received. In the whole process of unfolding, the *Dream Network Journal* has played an important role. From a small group of three, we have become part of a larger community. Thank you all!!! ∞

Dreams....

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Author/Publisher: Charles de Beer
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This book has received very favorable reviews, internationally in *Dream Network Journal*, *Newsletter of Cape Town Lodge*, *Inner Space Digest* and the *School of Communication Technology*.

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and negative implications. All the usual problems of differing levels of sophistication and seriousness among participants that often arise in face-to-face dreamwork still exists in cyberspace but the computer format allows the host to keep people from interrupting one another, or 'hogging' the space with ponderous monologues, as sometimes occurs in face-to-face dream groups. Balanced against this, of course, is the problem of the host's 'counter-transference' issues. The unconscious biases and assumptions of the host have even more influence over the productivity of the group process than in face-to-face dreamwork, precisely because the host has so much more influence and control over the flow of communication among the participants.


Albert Einstein was fond of saying that "..... if you can't explain what you are doing to an intelligent ten-year-old, you probably don't know what you are doing...." This principle of simplifying and clarifying even the most abstruse and emerging intuitive understandings regularly comes into play in computer connected dream-work. Some of the lyric poetry may be lost in the process but the haiku remains.

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Bay Area Dreamworkers Group
(BADG) 415/827-4663
% Ana Marie Fortin
Info & Resources on Regional
Networking for Dreamworkers
Marcia Lauck 408/264.4970
Dreams & Consciousness
SF Bay Area/USA
Novato Center for Dreams
Jill Gregory, Director
Prefer M-F 10am - 10pm
415.897.7955 or 415.898.2559
Extensive Dream Resources
San Francisco Bay Area, CA
Ruth Sacksteder 510/549.2162
Lucid Dreaming
7- 9 p.m. Pacific Time SF, CA

CANADA

Jan Janzen
Box 437, Tofino, B.C. V0R 2Z0
Lucid, hypnagogic, Tibetan
Written communication only
Canada/International
Suzanne Nadon 519/371.6060
Creativity & Lifestyle, Jung
Ontario/Native Community

FLORIDA

Will Phillips 407/296.5771
General Resources, Groups
Florida/U.S.A

FRANCE

Joseph Natuzzi Ph: 93-97-39-81
Riviera Dream Group
Nice France 06000
101563.2755@compuserve.com

GEORGIA

Walt Stover 404/565.6215
General Resources, Pre-Cog
SouthEastern States

GERMANY

Michael Schredl (06 21) 1703-0
General info/resources, groups
Preferred language, German
6pm - 7pm Mon-Fri
Germany, Austria & Switzerland

HAWAII

Frances Ring 808/637.9241
Dream Art, Cnslr. Info & Groups
Hawaiian Islands

ILLINOIS

Gail Arrenholz-Roberts
314/947-0903
Dream Groups, Creativity
Saint Charles Area, IL
Geoff Akin 708/365-0771
& Dennis Kedzorski
Dream Groups/Eclectic
State of Illinois

INDIANA

Phil Schuman 219/422.5133
General resources, researcher
State of Indiana

KANSAS

Steve Carter 316/263.8896
General Resources & Groups
M/Th/Fr eves; Sat. p.m.
Kansas/No. Oklahoma

MARYLAND

Sherie Healey 410/465-0010 or
1-800-235-8097 Anytime
Dream Groups, General Info
State of Maryland

MASSACHUSETTS

Edith Gilmore 508/371.1619
Lucid, General, Groups
Early evenings
Boston/MetroWest MA
Dick McLeester 413/772.6569
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Greater New England/W.MA
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Survivors of sexual abuse/
Multiple Personality Disorder
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Father Joseph Sedley 508/842.8821
Pastoral dreamwork/12 Step/
Spiritual & Emotional Growth
9 a.m. - 5 p.m.
State of Massachusetts

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Judy White-O'Brien 616/353.7607
Holistic Therapies & Dream Groups
Michigan

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Jaye C. Beldo 612/827.6835
Dream Democracy/Integrative
Dream Narration-- Evenings
Upper Midwest
Mary Flaten 507/663.1269
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Springfield/State of Missouri
Rosemary Watts 314/432.7909
General resources, Creative!
St. Louis & State of MO

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Anita Doyle/ 406/542.1475
Workshops/ongoing groups
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Charlotte Bell 603/529.7779
Gen. Preparation for Death
5 - 11 p.m. New Hampshire

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General Resources, groups
NY, NY

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Al Phillips 704/553.9508
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Noreen Wessling 513/831.7045
General Info & Groups
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Margaret Honton 614/885.0823
General Resources & Groups
Ohio State

Micki Seltzer 614/267.1341
General Resources & Groups
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OREGON

Ingrid M. Luke 503/867.6899
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Northwest/OREGON
Patricia Keelin 503/241.0477
Lucid/DreamLight
Pacific Northwest/Portland
E. W. Kellogg III 503/535-7187
Lucid dreaming
E-mail: Lucid1@msn.com
State of Oregon
Fred Olsen 415/33-DREAM
Dream ReEntry/Healing
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Graywolf Swinney 503/476.0492
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International/NW States

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Mena Potts, Ph.D. 614/264.4444
Experiential Dream Groups &
Parapsychical dreams
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Central PA/N.E. Ohio

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John Ashbaugh 806/655.9738
General Info & Resources
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Ruth Hoppe 801/583.1405
General Resources & Groups
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Roberta Ossana 801/461.9003
General Resources & Groups
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Bob Coalson 206/582.1467
Nightmares, Senoi, Sandplay
Pacific Northwest
Judith Picone 206/745.3545
General Resources & Groups
N.W. ID/MN/WA
Lee Piper 206/659.0459
General Resources/Native
Pacific NW/ID/MN
David Sparenberg 206/323.2115
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We encourage readers to submit **articles** focused on
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Self led. No fee. **Berkeley, CA**
Contact Mary Hugh Embry 510.548-0915

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Sundays, 4pm. No fee.
Ph: 615.792.1272, **Nashville, TN**
In this group, the dreamer and other group members work together in a way that promotes self-discovery via understanding the special language and imagery of their dreams.

Manhattan & Westchester. Call 914.674.1213 Elizabeth Howell, Ph.D.

Exploring inner worlds through lucid dreaming? Weekly study group. No fee. Johannes Vloothuis, 25 East 21st St., **Hamilton, Ontario Canada L8V 2T3** Phone: 416.383.5743

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Contact Tony Golembiewski
Ph: 540.949.6901
259 Elizabeth Ave.

Waynesboro, VA 23980

New discussion group starting for committed lucid dreamers to share experience. No fee. **Philadelphia PA**
Ph: 215.879.6040

Dream workshop of the Theosophical Society in **Miami & So. Florida.**
To encourage the study & interpretation of dreams for psychological & esoteric purposes. No fee. Facilitators: Sy Ginsburg & Angie Hall. Meets Wed./12 Noon @ Theosophical Society, 831 S. Federal Hiway, **Deerfield Beach, FL 33441**
Ph: 305.420.0908

New dream group in **New York, NY!**
No fee. Contact Jennifer Borchers at 212.683.5667

Dreamsharing on Internet!
From international dreamsharing to scientific articles to support and discussion groups, if it is about dreams, it's on-line. For info, send email address to RCWilk@aol.com

Ongoing Dream Groups

"Working With Dreams"
Weekly Ullman-style Dream Study
Tuesdays 7:30 - 9:30 Contact David Pitkin Ph: 518.885.5125
Ballston Spa, NY

Ongoing Dream Group
Meeting with Network of people in the **State of Alaska.**
Contact Susan Fredricks
Ph: 907.983.2324

STANLEY KRIPPNER & INGRID KEPLER MAY. Drawing from dream interpretation & other systems. Wed. & Thurs.: 7:30-9pm. **Berkeley, CA.**
Ph: 510.526.2900

CYNTHIA KOHLES, M.S.W.
Dream Group, Thursday evenings.
No fee. **Santa Rosa, CA.**
Ph: 707.526.2500

Bay Area LUCID Dream Group
For committed lucid dreamers of all levels of accomplishment and experience. Monthly meetings on Sunday P.M. No fee. **Berkeley, CA** location.
Contact Ruth Sacksteder
Ph: 510.549.2162

Pacific Northwest Center for Dream Studies. For 16 years offering Jungian oriented, ongoing dreamgroups, individual dreamwork, seminars & training. Contact Dir. Kenneth Kimmel @ 206.447.1895. **Seattle, WA**

Maplestone Dream Group
Meets every Monday night. No fee.
Phone Suzanne Nadon at 519.371.6060
Owen Sound, Ontario Canada

PEGGY SPECHT Dream group meets every Wed. 7:30pm in **No. Toronto Canada** No charge to attend
Ph: 416.251.5164

Wichita, KS Dream Group
Contact: STEVE CARTER
550 West Central #1404
Windsor at Barclay Square. Fridays
No fee. Phone: 316.263.8896

I have created a model for dreamwork supporting **12-step programs.** If interested in hosting a meeting in your area. Contact WAYNE McEWING
2 Melrose St. 4th Fl.
Boston, MA 02116 Ph: 617.482.2051

Lucid Dream Group focusing on mutual support, inspiration, experimentation and exploration. Meets every 3rd Thurs. 7-9pm. **Portland, OR.** No fee
Contact Keelin @ 503.241.0477

NEW ENGLAND CONTACT
Greater Boston / Cambridge area.
Write or Phone Dick McLeester @ New Dreamtime,
PO Box 92 **Greenfield, MA 01302**
Ph: 413.772.6569

EDITH GILMORE
Egalitarian dream study & interpretation group meets monthly in my home.
No fee. 112 Minot Rd.,
Concord, MA 01742
Ph: 508.371.1619

Creativity Dream Workshop
Contact SHERRY HEALY
8101 Main Street,
Ellicott City, MD 21043 No Fee
Ph: 410.750.1211 or 800.235.8097

Dreamsharing Grassroots Network
Excellent contact information for new explorers. Serving **Metro NY/No. NJ/Lower CN** areas.
For information write: PO Box 8032
Hicksville, NY 11802-8032
or Ph. 516.796.9455

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Lucid Dreaming and beyond.
Transpersonal approaches for creative dreams and waking.
Individuals and groups.
Manhattan, NY Ph: 212.260.8371

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Meets every Monday night from 7-9pm. Please contact Leon B. Van Leeuwen at 212.888.0552 **NY**

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Meets monthly in **Cincinnati area**
Contact Noreen Wessling
5429 Overlook Drive, **Millford, OH**
45150 Ph: 513.831.7045

Columbus, OH Dream Appreciation group. Peer-led. Meets Wednesdays midday, OSU campus area.
Contact MARGARET HONTON
Ph: 614.885.0823

Ongoing Groups (Continued)

We share dreams, learn symbolism & interpretation and techniques for remembering. **Theosophical Society, Deerfield Beach, FL.** 305.420.0908
Wed. 12 Noon/weekly (ongoing)
Facilitators: Sy Ginsburg & others

CREATIVE DREAM GROUPS & WORKSHOPS
Utilizing Jungian, expressive and integrative dreamwork methods.
Contact **Marlene King, M.A.**, 2630 S.E. Schiller St., **Portland, OR 97202**
Ph: 503.234.6885

DR. ANN RICHARDS
Weekly Dream Class in Portland & ongoing dream bulletin: "Dreams, Jung AND Art"
SASE to to 1717 SW Park
Portland, OR 97201
Ph: 503.222.0533

Dreamers Still Dreaming
Format: Open-ended concept presentation & interpretation. Bimonthly meeting near downtown **Portland, OR.**
No fee, no leader. Contact:
Kate Hammond, Ph: 503.241.0950

DREAM STREAMS - Meets 1st Tues. of the month from 7 - 9p.m.
@Discovery Bookshop,
808 W. Second St., **Lansdale, PA 19446** Ph: 215.822.5951
Contact: Linda Rosenthal
Bucks/Montco area

METRO D.C. COMMUNITY.
Open To All who share an interest in dreams. 1st Sat. each month, 1-5pm
Patrick Henry Library 101 Maple Ave, E
Vienna, VA. Info: contact Rita Dwyer Ph: 703.281.3639 No fee

Explore Your Dreams
Dream Group meets every other Tuesday 10am - Noon. No fee
Contact Judith Picone,
Edmonds, WA 206.745.3545

Bulletin! Bulletin! Bulletin! Bulletin! Bulletin! Bulletin! Bulletin!

Call for Your Big Dreams....

Let's continue *Dreaming Humanity's Paths* and create, here....

".... a cultural repository for big dreams.

Something will come of this." Russell Lockhart, p. 23, this issue.

Dreams which you've had which *need* to be shared with the larger human community.

Submit to Dream Network, PO Box 1026, Moab, UT 84532

Dream Network is OnLine Our Website Address is:

<http://www.hmtp.com/new/dream/dream.html>

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Carlos Castaneda is now publishing a monthly journal called **READERS OF INFINITY:** A Journal of Applied Hermeneutics

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 and interpret two traditions: some of the
 contemporary philosophical speculations of
 Western man and some of the observations
 derived from seeing energy directly as it flows
 in the universe; seeing observations made by
 shamans who lived in Mexico in ancient times,
 and by their present-day cultural descendants.

The focus of this journal is to reach a new
 readership. Shamans contend that complete
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 be drawn from inner silence rather than from
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Research *** Projects

Janice Baylis, Ph. D. is seeking
 dreams about or featuring **celebrities**.
 These could be entertainers, politicians,
 sports figures, scientists, etc. If you
 have access to dreams which
 celebrities have had, these are also
 needed. Occasionally, these turn up in
 the news. Write to: 1180 Oakmont Rd.
 #51-J, Seal Beach, CA 90740

The DREAM PROJECT

Call for Entries

The call is for visual art, in any medium,
 which is directly inspired by a dream.

- Goals: 1) A book, titled
 -"Artist's Dreams/Dreamer's Art"
 2) An exhibition of the work
 to be held in a Santa Fe, NM gallery.
 Deadline, May 1st 1996

Mail entries to:

Lena Bartula % The Dream Project
 PO Box 8311, Santa Fe, NM 87504
 For more information, call Lena Bartula
 @ 505/466-4666

Dr. Ann Richards is researching for an
 article on **DESIGNS** and **FORMATS** of
DREAM CLASSES. Teachers/Leaders
 of dream classes/groups, please send
 your experiences and suggestions
 about facilitating dream groups.
 You will be credited in follow up article
 to be provided to **DREAM NETWORK**.
 SASE to 1717 SW Park Ave. #815
 Portland, OR 97201

Anthony Sykes would like to
 correspond with anyone who has had
 dreams, visions or psychic impressions
 about anything relating to **HIV** and
AIDS. Information will be greatly
 appreciated. Send to: 156-20 Riverside
 Dr. W. #9C, New York, NY 10032
 Ph: 212.928.3343

Carol Schreier Rupprecht seeks
 information and experiences
 involving dreaming and the legal
 system, for example dreams used in
 trials, for a project with an attorney,
 of dreams as proofs.
 Please write: 37397 Riverside Drive,
 Pleasant Hill, OR 97455

Anyone doing conscious explorations of
 the dreamscape and/or hypnagogic
 states related to the **Tibetan method of
 lucid dreaming**, please respond. Write
 to Jan Janzen, Box 437, Tofino, B.C.,
 Canada V0R 2Z0

Research * * * Projects

Marc Barasch, author of *The Healing
 Path* and co-author of *Remarkable
 Recovery* is researching a book on
"Healing Dream." Individuals or
 clinicians who are willing to share
 dream experiences which seemingly
 catalyzed a healing (psychospiritual or
 even physiological) are invited to
 submit. Marc is also looking for dream
 experiences with demonstrably
 parapsychological content. My interest
 is in how 'numinous' dreams are
 integrated into ordinary waking life as
 spurs to change, growth and action.
 Write, email or Fax to:
 865 37th St., Boulder, CO 80303,
 email: marcbarl@aol.com
 Fax (303) 440-5054.

Walt Stover is now writing a book to
 be published by A.R.E. press on
precognitive dreams, dreams that
 have later become manifest. Subject
 matter of all types will be considered;
 dreams need not be of the "mountain
 top" variety. Indicate if you are willing
 to have your dreams published; your
 confidentiality will be honored.
 Please send your precognitive dreams
 (preferably typed) to 4124 Fawn Court,
 Marietta, GA 30068 Ph: 404.565.6215

Marlene King, M.A. is collecting
 dreams and visionary accounts from
**people who are diagnosed as
 terminally ill, particularly from those
 in the latter stages of their illness.**
 Also seeking dreams of people who
 have recorded/told a dream just prior to
 their death, sudden or otherwise.
 Please include any additional info
 illuminating the dream context. Confi-
 dentiality is assured. Please send to
**2630 SE Schiller St.
 Portland, OR 97202**

Barbara Shor is researching a book on
angels and dreaming. She's looking
 for dreams or visions of any length
 about angels, or with mysterious
 presences that may have been angels.
 Please send dreams, as well as any
 unusual waking experiences related to
 the dreams. Anonymity is guaranteed.
 #: 400 Central Park West, NY, NY 10025.



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